

**SK≡PTIKO**  
science & spirituality

**#489**

***SAVE  
YOURSELF***



**FEATURING**

**DAN SHUKIS**

1  
00:00:09,910 --> 00:00:04,150  
you're either screaming hot storming

2  
00:00:14,470 --> 00:00:11,589  
the weather has just gotten me down a

3  
00:00:18,550 --> 00:00:15,990  
that's a clip from one of my favorite

4  
00:00:21,269 --> 00:00:18,560  
guilty pleasure reality shows alone

5  
00:00:22,710 --> 00:00:21,279  
and it has a strange connection in so

6  
00:00:25,349 --> 00:00:22,720  
many ways with

7  
00:00:26,630 --> 00:00:25,359  
today's interview with cosmic keys

8  
00:00:29,349 --> 00:00:26,640  
podcaster dan

9  
00:00:30,870 --> 00:00:29,359  
shukus who i i have to apologize again

10  
00:00:34,630 --> 00:00:30,880  
because

11  
00:00:37,590 --> 00:00:34,640  
this episode has been hanging in my

12  
00:00:38,470 --> 00:00:37,600  
basket to get out for the longest time

13  
00:00:41,030 --> 00:00:38,480

but

14

00:00:41,590 --> 00:00:41,040

it's out now and i really really think

15

00:00:43,990 --> 00:00:41,600

it's an

16

00:00:44,950 --> 00:00:44,000

interesting conversation on so many

17

00:00:47,510 --> 00:00:44,960

levels

18

00:00:48,869 --> 00:00:47,520

here's a clip when you shine a light

19

00:00:51,590 --> 00:00:48,879

into a dark room it

20

00:00:52,790 --> 00:00:51,600

lights up the whole room it's a weird

21

00:00:55,510 --> 00:00:52,800

time

22

00:00:56,310 --> 00:00:55,520

for kind of preaching these like

23

00:00:59,910 --> 00:00:56,320

spiritual

24

00:01:01,590 --> 00:00:59,920

love messages because so so many things

25

00:01:04,310 --> 00:01:01,600

are topsy-turvy but i

26

00:01:06,870 --> 00:01:04,320

i sort of think it's extremely

27

00:01:08,950 --> 00:01:06,880

individualistic and you have to

28

00:01:10,390 --> 00:01:08,960

save yourself you have to be accountable

29

00:01:14,310 --> 00:01:10,400

for yourself

30

00:01:17,429 --> 00:01:14,320

and know how powerful that is because

31

00:01:18,710 --> 00:01:17,439

these evil forces really can't handle it

32

00:01:20,950 --> 00:01:18,720

and they'll

33

00:01:22,710 --> 00:01:20,960

they'll go away the more people embrace

34

00:01:24,390 --> 00:01:22,720

love

35

00:01:26,950 --> 00:01:24,400

welcome to skeptica where we explore

36

00:01:29,270 --> 00:01:26,960

controversial science and spirituality

37

00:01:30,469 --> 00:01:29,280

with leading researchers thinkers and

38

00:01:32,789 --> 00:01:30,479

their critics

39

00:01:33,590 --> 00:01:32,799

i'm your host alex ciccaris and today we

40

00:01:37,429 --> 00:01:33,600

welcome

41

00:01:40,730 --> 00:01:37,439

dan chucus of the cosmic keys podcast

42

00:01:41,990 --> 00:01:40,740

here to the lair

43

00:01:43,830 --> 00:01:42,000

[Music]

44

00:01:47,429 --> 00:01:43,840

you know dan was nice enough to have me

45

00:01:50,710 --> 00:01:47,439

on his show cosmic keys a few weeks ago

46

00:01:52,469 --> 00:01:50,720

and we had a really great time had a

47

00:01:55,270 --> 00:01:52,479

really good conversation

48

00:01:56,709 --> 00:01:55,280

about some interesting stuff that i

49

00:01:57,590 --> 00:01:56,719

don't know i don't think it's talked

50

00:02:00,709 --> 00:01:57,600

about enough

51  
00:02:03,590 --> 00:02:00,719  
so we both wanted to continue it so

52  
00:02:05,190 --> 00:02:03,600  
we thought we'd bring the conversation

53  
00:02:08,150 --> 00:02:05,200  
over here

54  
00:02:10,469 --> 00:02:08,160  
dan welcome thanks for joining me yeah

55  
00:02:13,190 --> 00:02:10,479  
thanks for having me alex it's an honor

56  
00:02:15,270 --> 00:02:13,200  
because uh as i told you in our

57  
00:02:17,190 --> 00:02:15,280  
interview on cosmic keys

58  
00:02:19,350 --> 00:02:17,200  
i've been listening to skeptico for a

59  
00:02:20,869 --> 00:02:19,360  
while now and i never thought

60  
00:02:23,030 --> 00:02:20,879  
i never thought you would want to talk

61  
00:02:25,510 --> 00:02:23,040  
to me about stuff so thanks for having

62  
00:02:27,830 --> 00:02:25,520  
me i'm honored

63  
00:02:29,670 --> 00:02:27,840

i don't know what i never know quite

64

00:02:30,790 --> 00:02:29,680

what to say to people that are honored

65

00:02:32,630 --> 00:02:30,800

to talk to me but

66

00:02:34,229 --> 00:02:32,640

that's cool i'll go with it i'll roll

67

00:02:37,030 --> 00:02:34,239

with it so

68

00:02:38,070 --> 00:02:37,040

for for folks who don't know you know

69

00:02:43,110 --> 00:02:38,080

tell us

70

00:02:45,030 --> 00:02:43,120

cosmic keys gone through a couple

71

00:02:46,869 --> 00:02:45,040

iterations tell folks what you're doing

72

00:02:50,390 --> 00:02:46,879

over there these days but first

73

00:02:53,750 --> 00:02:50,400

who are you yeah well um

74

00:02:56,229 --> 00:02:53,760

god i don't know where to start so i i

75

00:02:57,830 --> 00:02:56,239

grew up well we talked about this on my

76

00:02:58,630 --> 00:02:57,840

show as well i grew up outside of

77

00:03:01,110 --> 00:02:58,640

chicago

78

00:03:03,030 --> 00:03:01,120

same area as you alex we both went to

79

00:03:06,790 --> 00:03:03,040

the same high school

80

00:03:10,390 --> 00:03:06,800

um and i started cosmic

81

00:03:13,110 --> 00:03:10,400

keys with a co-host scarlett ravenwood

82

00:03:13,990 --> 00:03:13,120

who's kind of in like the neo pagan

83

00:03:17,750 --> 00:03:14,000

spiritual

84

00:03:21,350 --> 00:03:17,760

new age community and i had been

85

00:03:24,390 --> 00:03:21,360

interested in these spiritual topics

86

00:03:27,030 --> 00:03:24,400

um for my whole life and

87

00:03:29,030 --> 00:03:27,040

when i met scarlett she kind of because

88

00:03:31,990 --> 00:03:29,040

she was already out there

89

00:03:33,750 --> 00:03:32,000

in the public with her youtube channel

90

00:03:35,990 --> 00:03:33,760

and her social media stuff she was

91

00:03:39,110 --> 00:03:36,000

already talking about these topics

92

00:03:40,470 --> 00:03:39,120

openly and at the time i was pretty

93

00:03:42,390 --> 00:03:40,480

nervous to put myself

94

00:03:44,710 --> 00:03:42,400

out there and speak about these things

95

00:03:47,110 --> 00:03:44,720

but we kind of paired up

96

00:03:49,270 --> 00:03:47,120

with cosmic keys with me doing the

97

00:03:51,030 --> 00:03:49,280

astrology forecast for the week ahead

98

00:03:53,350 --> 00:03:51,040

and her doing a tarot reading

99

00:03:54,149 --> 00:03:53,360

for the week ahead and we talked to a

100

00:03:57,350 --> 00:03:54,159

lot of

101  
00:04:00,470 --> 00:03:57,360

people that are in

102  
00:04:04,229 --> 00:04:00,480

spiritual paranormal

103  
00:04:07,350 --> 00:04:04,239

kind of metaphysical communities and

104  
00:04:09,429 --> 00:04:07,360

we started it in chicago and

105  
00:04:11,429 --> 00:04:09,439

i ended up moving to colorado and she

106  
00:04:14,869 --> 00:04:11,439

ended up moving to dallas

107  
00:04:18,310 --> 00:04:14,879

2020 hit and i was running my mouth

108  
00:04:21,830 --> 00:04:18,320

and trying to talk about the uh

109  
00:04:25,030 --> 00:04:21,840

controversial things happening this year

110  
00:04:26,070 --> 00:04:25,040

and then she walked away from the show

111  
00:04:28,310 --> 00:04:26,080

we're still

112  
00:04:30,469 --> 00:04:28,320

and we still keep in touch and it was a

113  
00:04:33,110 --> 00:04:30,479

p you know it was a

114

00:04:34,790 --> 00:04:33,120

not there's no bad blood at all but now

115

00:04:36,790 --> 00:04:34,800

that i have the show to myself

116

00:04:37,909 --> 00:04:36,800

i have it a little bit more open-ended

117

00:04:40,629 --> 00:04:37,919

where

118

00:04:43,670 --> 00:04:40,639

i want to talk about you know the

119

00:04:46,870 --> 00:04:43,680

conspiracy topics the spiritual topics

120

00:04:50,469 --> 00:04:46,880

all of the controversy of 2020

121

00:04:54,830 --> 00:04:50,479

and also stick to the roots of you know

122

00:04:57,350 --> 00:04:54,840

consciousness spirituality astrology

123

00:04:57,830 --> 00:04:57,360

hermeticism um so yeah that's kind of

124

00:05:00,950 --> 00:04:57,840

where i'm

125

00:05:03,029 --> 00:05:00,960

at right now in this crazy year

126

00:05:04,550 --> 00:05:03,039

you know i get that on one hand and i

127

00:05:06,310 --> 00:05:04,560

get that you got to have a lane and you

128

00:05:08,469 --> 00:05:06,320

got to stay in your lane

129

00:05:10,070 --> 00:05:08,479

i don't do that at all i don't try and

130

00:05:13,749 --> 00:05:10,080

stay in any particular lane

131

00:05:15,430 --> 00:05:13,759

but i i always wonder did you kind of

132

00:05:16,070 --> 00:05:15,440

see it that way and do you see it that

133

00:05:19,510 --> 00:05:16,080

way

134

00:05:23,189 --> 00:05:19,520

seems like you kind of

135

00:05:27,350 --> 00:05:23,199

go wherever wherever you want

136

00:05:29,749 --> 00:05:27,360

yeah absolutely like if i if i discover

137

00:05:30,469 --> 00:05:29,759

somebody that that has something

138

00:05:33,590 --> 00:05:30,479

interesting

139

00:05:34,950 --> 00:05:33,600

to bring to the table i definitely you

140

00:05:36,150 --> 00:05:34,960

know reach out and book them for an

141

00:05:38,150 --> 00:05:36,160

interview and

142

00:05:39,990 --> 00:05:38,160

don't necessarily think oh do they fit

143

00:05:43,189 --> 00:05:40,000

the brand or that do they fit

144

00:05:45,909 --> 00:05:43,199

the subject matter so it's

145

00:05:47,110 --> 00:05:45,919

yeah before it was very much like you

146

00:05:48,950 --> 00:05:47,120

know me and scarlett

147

00:05:50,550 --> 00:05:48,960

kind of sticking with astrology and

148

00:05:53,350 --> 00:05:50,560

tarot and stuff

149

00:05:53,510 --> 00:05:53,360

under that umbrella and now i'm trying

150

00:05:54,710 --> 00:05:53,520

to

151  
00:05:57,749 --> 00:05:54,720

[Music]

152  
00:06:00,390 --> 00:05:57,759

just talk about current events more and

153  
00:06:02,070 --> 00:06:00,400

but i i do i am really focused on the

154  
00:06:04,870 --> 00:06:02,080

spiritual

155  
00:06:05,670 --> 00:06:04,880

perspective so if we can look at current

156  
00:06:07,510 --> 00:06:05,680

events

157  
00:06:09,430 --> 00:06:07,520

from a spiritual perspective that's kind

158  
00:06:11,990 --> 00:06:09,440

of what i'm shooting for but

159  
00:06:14,070 --> 00:06:12,000

yeah i don't it's pretty open-ended for

160  
00:06:14,870 --> 00:06:14,080

me anybody that's interesting enough to

161  
00:06:18,150 --> 00:06:14,880

chat i'm

162  
00:06:19,430 --> 00:06:18,160

down to chat with yeah and i think

163  
00:06:21,430 --> 00:06:19,440

you know this is something we talked

164

00:06:24,309 --> 00:06:21,440

about on your show but

165

00:06:26,230 --> 00:06:24,319

i really kind of appreciate it and

166

00:06:26,710 --> 00:06:26,240

really like the way you've kind of done

167

00:06:28,950 --> 00:06:26,720

that

168

00:06:30,150 --> 00:06:28,960

because we talked some of the pros and

169

00:06:33,430 --> 00:06:30,160

cons of

170

00:06:34,950 --> 00:06:33,440

the talking about current events and we

171

00:06:36,469 --> 00:06:34,960

can't even talk about them as current

172

00:06:39,830 --> 00:06:36,479

events dan because i mean

173

00:06:43,270 --> 00:06:39,840

one of the things that you brought to

174

00:06:43,990 --> 00:06:43,280

focus last time was that things are

175

00:06:47,270 --> 00:06:44,000

happening

176

00:06:50,469 --> 00:06:47,280

at a rate whether you're into kind of

177

00:06:51,270 --> 00:06:50,479

current events conspiracies all that

178

00:06:54,629 --> 00:06:51,280

stuff

179

00:06:58,790 --> 00:06:54,639

it's been so in your face this year

180

00:07:02,950 --> 00:06:58,800

that you really can't avoid it and again

181

00:07:06,070 --> 00:07:02,960

i thought you had just a great

182

00:07:07,589 --> 00:07:06,080

kind of perspective shifting thing when

183

00:07:09,909 --> 00:07:07,599

you talked about

184

00:07:10,790 --> 00:07:09,919

the long game what i'm calling the long

185

00:07:13,909 --> 00:07:10,800

game

186

00:07:14,790 --> 00:07:13,919

and you said if we look at the stuff

187

00:07:17,350 --> 00:07:14,800

that's happening

188

00:07:19,510 --> 00:07:17,360

right now and i'm talking about the the

189

00:07:21,270 --> 00:07:19,520

pandemic and the

190

00:07:22,629 --> 00:07:21,280

you know you can't help but talk about

191

00:07:24,790 --> 00:07:22,639

uh you know

192

00:07:26,469 --> 00:07:24,800

the election stealing kind of thing no

193

00:07:28,790 --> 00:07:26,479

matter how you come down on that i mean

194

00:07:31,990 --> 00:07:28,800

it's unprecedented

195

00:07:33,670 --> 00:07:32,000

uh if you look at that stuff and then

196

00:07:35,909 --> 00:07:33,680

what you do is said well what if we

197

00:07:39,029 --> 00:07:35,919

shifted that and looked at the longer

198

00:07:42,070 --> 00:07:39,039

game and you even went so far to say

199

00:07:44,390 --> 00:07:42,080

look at my parents you know and

200

00:07:47,110 --> 00:07:44,400

what was their game what was the game

201  
00:07:49,029 --> 00:07:47,120  
for them you know i was like jfk

202  
00:07:50,309 --> 00:07:49,039  
and then you said you know what was the

203  
00:07:53,029 --> 00:07:50,319  
game changer for you

204  
00:07:54,790 --> 00:07:53,039  
i was like 9 11. you know another one

205  
00:07:58,469 --> 00:07:54,800  
i'd throw in there is

206  
00:08:02,230 --> 00:07:58,479  
the the global uh i'm sorry

207  
00:08:05,110 --> 00:08:02,240  
the uh the global warming uh kind of

208  
00:08:05,510 --> 00:08:05,120  
failed attempt you know so do you want

209  
00:08:08,150 --> 00:08:05,520  
to

210  
00:08:09,830 --> 00:08:08,160  
just kind of riff on that for a minute

211  
00:08:11,430 --> 00:08:09,840  
that there is

212  
00:08:14,150 --> 00:08:11,440  
if we do take a step back there seems to

213  
00:08:16,710 --> 00:08:14,160

be this longer game at play

214

00:08:18,629 --> 00:08:16,720

yeah totally i mean when you study

215

00:08:21,350 --> 00:08:18,639

conspiracies in general

216

00:08:22,710 --> 00:08:21,360

i mean you could go back to ancient

217

00:08:26,230 --> 00:08:22,720

times if you really want

218

00:08:30,070 --> 00:08:26,240

wanted to um but i see it

219

00:08:33,350 --> 00:08:30,080

it's pretty clear that there are groups

220

00:08:36,949 --> 00:08:33,360

and institutions that that

221

00:08:40,310 --> 00:08:36,959

plan out social engineering they

222

00:08:43,350 --> 00:08:40,320

i mean if you look into like the uh

223

00:08:44,550 --> 00:08:43,360

the mockingbird cia influence on the

224

00:08:47,350 --> 00:08:44,560

media

225

00:08:47,670 --> 00:08:47,360

are really thinking about the long game

226

00:08:51,990 --> 00:08:47,680

and

227

00:08:55,350 --> 00:08:52,000

stuff like that

228

00:08:55,829 --> 00:08:55,360

and i you know in what you were saying

229

00:08:58,230 --> 00:08:55,839

with like

230

00:09:00,310 --> 00:08:58,240

my parents who are kind of like boomer

231

00:09:03,350 --> 00:09:00,320

aged and their parents who were

232

00:09:04,230 --> 00:09:03,360

of like the world war ii generation and

233

00:09:08,150 --> 00:09:04,240

then me as

234

00:09:09,350 --> 00:09:08,160

a millennial you know from my

235

00:09:12,949 --> 00:09:09,360

grandparents

236

00:09:15,910 --> 00:09:12,959

world and world view to today

237

00:09:17,350 --> 00:09:15,920

and beyond like there's been a lot of

238

00:09:19,590 --> 00:09:17,360

things

239

00:09:23,430 --> 00:09:19,600

that have changed in the culture and i

240

00:09:26,150 --> 00:09:23,440

think the 60s like right i think jfk

241

00:09:27,509 --> 00:09:26,160

was really that turning point not only

242

00:09:30,150 --> 00:09:27,519

because

243

00:09:31,269 --> 00:09:30,160

the the cultural revolution like in you

244

00:09:33,350 --> 00:09:31,279

know the west

245

00:09:35,269 --> 00:09:33,360

of kind of like the hippie movements and

246

00:09:38,630 --> 00:09:35,279

all of that but then like the cultural

247

00:09:42,630 --> 00:09:38,640

revolution in china and then

248

00:09:46,070 --> 00:09:42,640

the vatican ii pro project or whatever

249

00:09:51,829 --> 00:09:46,080

i mean i was raised catholic and

250

00:09:55,670 --> 00:09:51,839

i i have like a fondness for certain

251  
00:09:59,190 --> 00:09:55,680  
kind of mystical aspects of catholicism

252  
00:10:00,790 --> 00:09:59,200  
and the vatican ii thing is huge because

253  
00:10:03,910 --> 00:10:00,800  
that really changed

254  
00:10:05,430 --> 00:10:03,920  
catholicism into a more protestant thing

255  
00:10:08,550 --> 00:10:05,440  
and by the time

256  
00:10:10,389 --> 00:10:08,560  
it hits the millennials like me like i

257  
00:10:11,910 --> 00:10:10,399  
you know i kind of liked my religion

258  
00:10:12,389 --> 00:10:11,920  
when i was a little kid but then when i

259  
00:10:15,110 --> 00:10:12,399  
was

260  
00:10:16,230 --> 00:10:15,120  
you know around 9 11 around my teenage

261  
00:10:18,949 --> 00:10:16,240  
years

262  
00:10:20,710 --> 00:10:18,959  
there's this real association between

263  
00:10:23,030 --> 00:10:20,720

the catholic church and pedophilia so

264

00:10:26,470 --> 00:10:23,040

like who's going to stick with that so

265

00:10:27,990 --> 00:10:26,480

i feel like over the 20th century into

266

00:10:31,350 --> 00:10:28,000

the 21st century there's

267

00:10:32,230 --> 00:10:31,360

just been constant social engineering

268

00:10:35,190 --> 00:10:32,240

projects

269

00:10:35,829 --> 00:10:35,200

straight up like breaking things down

270

00:10:37,670 --> 00:10:35,839

and when you

271

00:10:38,949 --> 00:10:37,680

when you have that kind of alchemical

272

00:10:42,310 --> 00:10:38,959

perspective

273

00:10:45,030 --> 00:10:42,320

and knowing that the elites

274

00:10:45,990 --> 00:10:45,040

are familiar with occult ideas or you

275

00:10:47,910 --> 00:10:46,000

know

276

00:10:51,110 --> 00:10:47,920

into all of that it really is kind of

277

00:10:54,310 --> 00:10:51,120

like an alchemical breakdown

278

00:10:54,790 --> 00:10:54,320

of society to rebuild it into what they

279

00:10:58,550 --> 00:10:54,800

want

280

00:11:01,910 --> 00:10:58,560

and from what i'm looking at with

281

00:11:03,030 --> 00:11:01,920

like contact tracing and vaccine

282

00:11:06,389 --> 00:11:03,040

passports

283

00:11:09,670 --> 00:11:06,399

and um the 5g

284

00:11:11,750 --> 00:11:09,680

internet of things it seems like the the

285

00:11:13,110 --> 00:11:11,760

the great work that they're trying to

286

00:11:17,269 --> 00:11:13,120

build

287

00:11:20,870 --> 00:11:17,279

is more of like a feudal system where um

288

00:11:22,710 --> 00:11:20,880

most of us are just peasants and there's

289

00:11:25,030 --> 00:11:22,720

you know a select few that are at the

290

00:11:26,710 --> 00:11:25,040

top so

291

00:11:28,870 --> 00:11:26,720

yeah the long game is really interesting

292

00:11:32,150 --> 00:11:28,880

and it's and i think 2020

293

00:11:34,550 --> 00:11:32,160

was a year where we're

294

00:11:35,350 --> 00:11:34,560

in a new phase of the long game and when

295

00:11:37,670 --> 00:11:35,360

i look at people

296

00:11:38,870 --> 00:11:37,680

younger than me like people that are

297

00:11:41,190 --> 00:11:38,880

like gen z

298

00:11:42,230 --> 00:11:41,200

or younger like they're calling them

299

00:11:44,470 --> 00:11:42,240

like the

300

00:11:45,750 --> 00:11:44,480

the alpha generation like little kids

301  
00:11:47,829 --> 00:11:45,760  
right now

302  
00:11:49,590 --> 00:11:47,839  
i can only imagine how they're being

303  
00:11:52,389 --> 00:11:49,600  
conditioned right now

304  
00:11:53,910 --> 00:11:52,399  
with masks and with all of these

305  
00:11:57,110 --> 00:11:53,920  
propaganda things

306  
00:11:58,870 --> 00:11:57,120  
they don't know any better and um

307  
00:12:00,710 --> 00:11:58,880  
if we're if we're gonna try to take any

308  
00:12:03,269 --> 00:12:00,720  
control back from this like

309  
00:12:04,470 --> 00:12:03,279  
techno feudalism that they have ready to

310  
00:12:06,069 --> 00:12:04,480  
roll out

311  
00:12:07,829 --> 00:12:06,079  
it's gonna i mean we're gonna have to

312  
00:12:11,110 --> 00:12:07,839  
de-program a lot of this

313  
00:12:13,590 --> 00:12:11,120

social engineering so

314

00:12:15,430 --> 00:12:13,600

it's it's kind of a dark thing to think

315

00:12:17,509 --> 00:12:15,440

about but i think

316

00:12:19,430 --> 00:12:17,519

that's why the spiritual is so important

317

00:12:21,990 --> 00:12:19,440

because if you literally

318

00:12:22,710 --> 00:12:22,000

um are in touch with your inner world

319

00:12:27,590 --> 00:12:22,720

and in touch

320

00:12:30,069 --> 00:12:27,600

with your soul and if you have a mindful

321

00:12:31,590 --> 00:12:30,079

if you practice some kind of mindfulness

322

00:12:34,710 --> 00:12:31,600

practice

323

00:12:36,870 --> 00:12:34,720

you can kind of step back and find

324

00:12:37,990 --> 00:12:36,880

inner peace in the middle of this

325

00:12:41,829 --> 00:12:38,000

whirlwind of of

326

00:12:44,949 --> 00:12:41,839

chaos well you kind of

327

00:12:46,710 --> 00:12:44,959

kind of laid a lot out there i'm going

328

00:12:50,150 --> 00:12:46,720

to try and pull it apart because

329

00:12:52,470 --> 00:12:50,160

the long game the big game

330

00:12:53,190 --> 00:12:52,480

and the only game that's how i break it

331

00:12:55,269 --> 00:12:53,200

down

332

00:12:56,949 --> 00:12:55,279

like here's where i take the long game i

333

00:12:59,829 --> 00:12:56,959

just connect the dots that you

334

00:13:01,350 --> 00:12:59,839

that you have so like you look at today

335

00:13:04,389 --> 00:13:01,360

in the pandemic and you go

336

00:13:06,550 --> 00:13:04,399

it it's a conspiracy if it at its

337

00:13:10,069 --> 00:13:06,560

simplest level it's a conspiracy

338

00:13:12,389 --> 00:13:10,079

that there's no medical scientific

339

00:13:13,910 --> 00:13:12,399

evidence behind any of these edicts

340

00:13:16,949 --> 00:13:13,920

right they're just

341

00:13:19,670 --> 00:13:16,959

they're just now edicts you know

342

00:13:21,910 --> 00:13:19,680

that and they're highly politicized so

343

00:13:23,030 --> 00:13:21,920

if you're apolitical like i am you just

344

00:13:26,069 --> 00:13:23,040

step back and go oh

345

00:13:27,750 --> 00:13:26,079

okay someone's running a game that's a

346

00:13:29,910 --> 00:13:27,760

program that's a project

347

00:13:31,350 --> 00:13:29,920

otherwise it doesn't work that way

348

00:13:32,790 --> 00:13:31,360

otherwise there's some kind of

349

00:13:34,629 --> 00:13:32,800

scientific

350

00:13:37,269 --> 00:13:34,639

basis for these things there's kind of

351

00:13:37,990 --> 00:13:37,279

some uh democratic basis for these

352

00:13:39,829 --> 00:13:38,000

things and

353

00:13:41,350 --> 00:13:39,839

and there isn't so you go okay i get it

354

00:13:43,750 --> 00:13:41,360

i've seen that before

355

00:13:45,030 --> 00:13:43,760

and and you've seen it before like you

356

00:13:48,710 --> 00:13:45,040

can go to 911

357

00:13:51,750 --> 00:13:48,720

like you said okay yeah you know the

358

00:13:55,350 --> 00:13:51,760

we we have this event and the next day

359

00:13:57,990 --> 00:13:55,360

there's a thousand page patriot act

360

00:13:59,430 --> 00:13:58,000

bill on the desk of congress you go that

361

00:14:01,189 --> 00:13:59,440

doesn't happen

362

00:14:02,629 --> 00:14:01,199

accidentally there's a list of seven

363

00:14:03,670 --> 00:14:02,639

countries we're going to invade and we

364

00:14:06,870 --> 00:14:03,680

invade them all

365

00:14:08,629 --> 00:14:06,880

that you just go okay i get it that's a

366

00:14:10,150 --> 00:14:08,639

game that's a program

367

00:14:13,030 --> 00:14:10,160

i would also connect it and that's the

368

00:14:16,230 --> 00:14:13,040

other one i want to throw on the table

369

00:14:19,030 --> 00:14:16,240

i was reminded of the interviews

370

00:14:20,069 --> 00:14:19,040

i did on global warming before i really

371

00:14:22,550 --> 00:14:20,079

caught on to it

372

00:14:23,910 --> 00:14:22,560

for what it was which is another game

373

00:14:25,430 --> 00:14:23,920

another project

374

00:14:27,189 --> 00:14:25,440

i kind of looked at it from a science

375

00:14:27,910 --> 00:14:27,199

perspective and it pissed me off because

376

00:14:30,310 --> 00:14:27,920

it's like

377

00:14:31,670 --> 00:14:30,320

you guys are not following the science

378

00:14:33,590 --> 00:14:31,680

and i'll never forget i talked to one

379

00:14:35,110 --> 00:14:33,600

guy

380

00:14:37,430 --> 00:14:35,120

and you know you want to go in to talk

381

00:14:38,389 --> 00:14:37,440

about like mk ultra programming you know

382

00:14:40,389 --> 00:14:38,399

like they always

383

00:14:42,470 --> 00:14:40,399

show the clip if you go on like the l

384

00:14:44,150 --> 00:14:42,480

roker thing where he freezes you know

385

00:14:45,990 --> 00:14:44,160

or people have other ones and i don't

386

00:14:48,389 --> 00:14:46,000

know if that stuff's real or not it a

387

00:14:52,150 --> 00:14:48,399

lot of it seems very very

388

00:14:53,670 --> 00:14:52,160

dicey but i think there's a kernel of

389

00:14:56,069 --> 00:14:53,680

truth to it

390

00:14:56,949 --> 00:14:56,079

as well in some ways and i remember i

391

00:14:59,269 --> 00:14:56,959

interviewed uh

392

00:15:00,870 --> 00:14:59,279

daniel pinchbeck who has a really

393

00:15:02,710 --> 00:15:00,880

interesting background i suppose

394

00:15:05,269 --> 00:15:02,720

when you look at his parents and stuff

395

00:15:08,629 --> 00:15:05,279

like that and in the media business

396

00:15:10,310 --> 00:15:08,639

which is always kind of a tip-off and

397

00:15:12,310 --> 00:15:10,320

he was back this was a few years ago

398

00:15:15,189 --> 00:15:12,320

when he was really pitching

399

00:15:16,710 --> 00:15:15,199

the uh climbing apocalypse stuff really

400

00:15:17,430 --> 00:15:16,720

really hard and really getting in my

401  
00:15:19,110 --> 00:15:17,440  
face and

402  
00:15:20,710 --> 00:15:19,120  
i guess he felt like i was kind of

403  
00:15:22,710 --> 00:15:20,720  
getting in his face too although i

404  
00:15:23,509 --> 00:15:22,720  
thought i was being pretty gentle about

405  
00:15:25,670 --> 00:15:23,519  
it

406  
00:15:27,910 --> 00:15:25,680  
but then i brought up and i said okay

407  
00:15:30,310 --> 00:15:27,920  
but yeah it's really about

408  
00:15:32,150 --> 00:15:30,320  
even if we believe what you're saying

409  
00:15:34,949 --> 00:15:32,160  
about global warming

410  
00:15:37,269 --> 00:15:34,959  
then the main thing that we're focusing

411  
00:15:40,150 --> 00:15:37,279  
on from a real issue is population

412  
00:15:43,030 --> 00:15:40,160  
overpopulation right i mean

413  
00:15:45,110 --> 00:15:43,040

you you go from however bill however

414

00:15:47,430 --> 00:15:45,120

many billion you think we have now

415

00:15:49,910 --> 00:15:47,440

and you double it and you got a huge

416

00:15:52,150 --> 00:15:49,920

problem so you got to address that

417

00:15:53,590 --> 00:15:52,160

it was really interesting his response

418

00:15:56,389 --> 00:15:53,600

was like this

419

00:15:58,269 --> 00:15:56,399

like an al roker kind of program no

420

00:16:00,949 --> 00:15:58,279

there isn't a problem with

421

00:16:02,790 --> 00:16:00,959

overpopulation you could fit every

422

00:16:06,069 --> 00:16:02,800

person in the united states

423

00:16:07,350 --> 00:16:06,079

in the state of texas you could and and

424

00:16:09,990 --> 00:16:07,360

and that's what he said too that's

425

00:16:11,670 --> 00:16:10,000

another like like almost like a code

426

00:16:14,069 --> 00:16:11,680

phrase that these guys have

427

00:16:16,550 --> 00:16:14,079

it's not a population problem you could

428

00:16:19,189 --> 00:16:16,560

fit everybody in texas

429

00:16:20,150 --> 00:16:19,199

and then you just step back and you go

430

00:16:23,030 --> 00:16:20,160

that is so

431

00:16:25,189 --> 00:16:23,040

ridiculously absurd why would an

432

00:16:26,069 --> 00:16:25,199

intelligent person be kind of even

433

00:16:27,910 --> 00:16:26,079

spinning that

434

00:16:29,749 --> 00:16:27,920

anyone says that's why it goes we've got

435

00:16:32,230 --> 00:16:29,759

a popul a world

436

00:16:34,550 --> 00:16:32,240

population problem but that's been

437

00:16:35,110 --> 00:16:34,560

programmed into us that anyone who says

438

00:16:37,990 --> 00:16:35,120

that

439

00:16:39,670 --> 00:16:38,000

is somehow you know connected with

440

00:16:42,470 --> 00:16:39,680

eugenics and the rest of this

441

00:16:43,590 --> 00:16:42,480

well i mean we kind of know that's

442

00:16:46,550 --> 00:16:43,600

what's going on

443

00:16:48,069 --> 00:16:46,560

that there's some shade of that going on

444

00:16:50,710 --> 00:16:48,079

with the pandemic stuff

445

00:16:52,629 --> 00:16:50,720

but it's never made explicit it's always

446

00:16:53,269 --> 00:16:52,639

kind of in the in the background you

447

00:16:56,629 --> 00:16:53,279

know it's

448

00:16:58,310 --> 00:16:56,639

it's it's never made explicit so

449

00:17:00,790 --> 00:16:58,320

and and i guess i'm using that as

450

00:17:03,269 --> 00:17:00,800

another you know game kind of thing

451  
00:17:04,549 --> 00:17:03,279  
and then you want to put jfk in there

452  
00:17:08,949 --> 00:17:04,559  
and great

453  
00:17:12,549 --> 00:17:08,959  
so i'm reluctant

454  
00:17:13,029 --> 00:17:12,559  
to connect that with the way that you

455  
00:17:14,710 --> 00:17:13,039  
did

456  
00:17:16,150 --> 00:17:14,720  
the way that some people do and look at

457  
00:17:18,870 --> 00:17:16,160  
these occulted symbols

458  
00:17:19,990 --> 00:17:18,880  
and look at how these guys like to use

459  
00:17:22,630 --> 00:17:20,000  
numerology

460  
00:17:24,309 --> 00:17:22,640  
and all the rest that i'm not saying

461  
00:17:27,990 --> 00:17:24,319  
that isn't true

462  
00:17:32,390 --> 00:17:28,000  
i'm just saying that isn't necessary

463  
00:17:33,909 --> 00:17:32,400

to look at this as a social engineering

464

00:17:37,750 --> 00:17:33,919

project

465

00:17:41,590 --> 00:17:37,760

um and i think it's it's useful

466

00:17:45,029 --> 00:17:41,600

to separate the two because if we look

467

00:17:46,070 --> 00:17:45,039

at the next category that i would have

468

00:17:49,110 --> 00:17:46,080

which would be

469

00:17:50,710 --> 00:17:49,120

the big game which is what's really

470

00:17:52,710 --> 00:17:50,720

behind that

471

00:17:54,870 --> 00:17:52,720

that's where i break down that other

472

00:17:58,630 --> 00:17:54,880

stuff and want to bring in

473

00:18:01,510 --> 00:17:58,640

the occult stuff i'd want to bring in

474

00:18:03,669 --> 00:18:01,520

evil as we understand it in the extended

475

00:18:05,430 --> 00:18:03,679

consciousness realm whatever that means

476

00:18:07,270 --> 00:18:05,440

and whether you think it's satanic or

477

00:18:09,029 --> 00:18:07,280

whether you think it's

478

00:18:11,110 --> 00:18:09,039

gnostic or whatever the hell you think

479

00:18:15,750 --> 00:18:11,120

it is and um

480

00:18:18,870 --> 00:18:15,760

you know so what do you think of that

481

00:18:22,549 --> 00:18:18,880

kind of division there do you think that

482

00:18:25,669 --> 00:18:22,559

that makes sense or is useful or

483

00:18:26,789 --> 00:18:25,679

just further complicates it no i think

484

00:18:29,830 --> 00:18:26,799

that is a good

485

00:18:33,669 --> 00:18:29,840

division like the long game

486

00:18:36,710 --> 00:18:33,679

having more um occult or evil

487

00:18:41,110 --> 00:18:36,720

satanic elements to it

488

00:18:44,150 --> 00:18:41,120

and it gets me thinking that

489

00:18:45,750 --> 00:18:44,160  
all of all these kind of nefarious

490

00:18:47,669 --> 00:18:45,760  
things that happen

491

00:18:49,510 --> 00:18:47,679  
in the world with social engineering

492

00:18:51,110 --> 00:18:49,520  
projects with these events you're

493

00:18:53,909 --> 00:18:51,120  
talking about

494

00:18:54,549 --> 00:18:53,919  
like i don't i don't necessarily think

495

00:18:57,590 --> 00:18:54,559  
even the

496

00:18:58,230 --> 00:18:57,600  
the top dogs that are working on these

497

00:19:02,549 --> 00:18:58,240  
things

498

00:19:05,590 --> 00:19:02,559  
are necessarily occultists or

499

00:19:08,870 --> 00:19:05,600  
consciously trying to invoke evil

500

00:19:10,789 --> 00:19:08,880  
i i think it's possible that

501  
00:19:13,110 --> 00:19:10,799  
these things are all invisible forces

502  
00:19:16,390 --> 00:19:13,120  
anyways and they're just part of the

503  
00:19:20,230 --> 00:19:16,400  
human psyche and they in this

504  
00:19:23,430 --> 00:19:20,240  
sort of weird metaphysical invisible way

505  
00:19:25,510 --> 00:19:23,440  
are always bringing us towards the long

506  
00:19:29,270 --> 00:19:25,520  
game which you're talking about

507  
00:19:31,990 --> 00:19:29,280  
um and it's it's all really speculative

508  
00:19:32,470 --> 00:19:32,000  
but it's if you have discernment you can

509  
00:19:35,590 --> 00:19:32,480  
kind of

510  
00:19:38,390 --> 00:19:35,600  
just see you know the people that are

511  
00:19:40,630 --> 00:19:38,400  
that are creating these these social

512  
00:19:43,750 --> 00:19:40,640  
engineering projects or these false flag

513  
00:19:47,110 --> 00:19:43,760

events or these pandemics or whatever

514

00:19:49,669 --> 00:19:47,120

are motivated by things that are evil

515

00:19:50,710 --> 00:19:49,679

but i don't know if that means see how

516

00:19:51,750 --> 00:19:50,720

do we know that though

517

00:19:53,909 --> 00:19:51,760

see and that's where i make the

518

00:19:57,350 --> 00:19:53,919

distinction between the long game

519

00:20:00,549 --> 00:19:57,360

and the big game so to me the long game

520

00:20:01,909 --> 00:20:00,559

is if you think this is recent if you

521

00:20:03,350 --> 00:20:01,919

think this is just something that

522

00:20:06,390 --> 00:20:03,360

happened yesterday

523

00:20:06,789 --> 00:20:06,400

it isn't you know and that's why i went

524

00:20:11,350 --> 00:20:06,799

to

525

00:20:12,549 --> 00:20:11,360

can as as you did i mean you're the guy

526  
00:20:14,390 --> 00:20:12,559  
who originally kind of

527  
00:20:15,590 --> 00:20:14,400  
sent me down this direction there's a

528  
00:20:18,789 --> 00:20:15,600  
direct path

529  
00:20:21,029 --> 00:20:18,799  
between 911 and the pandemic

530  
00:20:22,630 --> 00:20:21,039  
and i'd even say in between there

531  
00:20:26,230 --> 00:20:22,640  
there's a stopping point with

532  
00:20:28,070 --> 00:20:26,240  
the failed attempt at uh global warming

533  
00:20:30,149 --> 00:20:28,080  
sure enlightening but you might even

534  
00:20:34,070 --> 00:20:30,159  
point to the failed attempt

535  
00:20:36,149 --> 00:20:34,080  
at the tic tac uh you know

536  
00:20:37,750 --> 00:20:36,159  
disclosure rollout kind of thing

537  
00:20:39,990 --> 00:20:37,760  
whatever they were trying to do that

538  
00:20:41,669 --> 00:20:40,000

both those things failed and i haven't

539

00:20:41,909 --> 00:20:41,679

heard anyone really talk about that in

540

00:20:44,789 --> 00:20:41,919

an

541

00:20:46,470 --> 00:20:44,799

interesting way but the the global

542

00:20:49,590 --> 00:20:46,480

warming thing it just

543

00:20:50,149 --> 00:20:49,600

didn't work it got blown up by climate

544

00:20:52,789 --> 00:20:50,159

gate

545

00:20:54,230 --> 00:20:52,799

and then it got blown up by the weather

546

00:20:54,789 --> 00:20:54,240

these guys didn't realize and we think

547

00:20:57,110 --> 00:20:54,799

they're so

548

00:20:57,990 --> 00:20:57,120

freaking smart i mean they picked kind

549

00:21:00,149 --> 00:20:58,000

of a bad

550

00:21:01,750 --> 00:21:00,159

thing there when they picked the weather

551  
00:21:04,390 --> 00:21:01,760  
because they really ultimately they

552  
00:21:06,549 --> 00:21:04,400  
couldn't control it and people were like

553  
00:21:08,390 --> 00:21:06,559  
it ain't warming up you know it ain't

554  
00:21:10,070 --> 00:21:08,400  
doing it it's colder than hell here in

555  
00:21:10,549 --> 00:21:10,080  
boston this year what do you guys talk

556  
00:21:13,430 --> 00:21:10,559  
about

557  
00:21:13,990 --> 00:21:13,440  
it just didn't pass the test and then

558  
00:21:17,270 --> 00:21:14,000  
they

559  
00:21:20,390 --> 00:21:17,280  
absurd well

560  
00:21:20,789 --> 00:21:20,400  
the the it's getting colder the water is

561  
00:21:23,669 --> 00:21:20,799  
just

562  
00:21:24,549 --> 00:21:23,679  
the deep down below the water is really

563  
00:21:26,310 --> 00:21:24,559

you know

564

00:21:28,630 --> 00:21:26,320

these kind of just bizarre kind of

565

00:21:31,750 --> 00:21:28,640

things so

566

00:21:35,270 --> 00:21:31,760

i see the i see this line of

567

00:21:38,310 --> 00:21:35,280

this long game but i'm not

568

00:21:40,149 --> 00:21:38,320

sure about the big game so to say the

569

00:21:43,029 --> 00:21:40,159

big game is a cult the big game is

570

00:21:44,950 --> 00:21:43,039

satanic the big game is this gnostic

571

00:21:47,590 --> 00:21:44,960

good versus evil

572

00:21:48,549 --> 00:21:47,600

throughout history it's really when you

573

00:21:51,590 --> 00:21:48,559

take the longer

574

00:21:52,710 --> 00:21:51,600

lens of history it's very difficult to

575

00:21:55,669 --> 00:21:52,720

tell

576

00:21:57,110 --> 00:21:55,679

you know the good guys from the bad guys

577

00:21:59,909 --> 00:21:57,120

without a scorebook

578

00:22:01,750 --> 00:21:59,919

you know is bill gates going to look

579

00:22:04,870 --> 00:22:01,760

like a superhero

580

00:22:05,750 --> 00:22:04,880

a hundred years from now because he cold

581

00:22:12,470 --> 00:22:05,760

the planet

582

00:22:13,669 --> 00:22:12,480

that's not my opinion if you ask me

583

00:22:17,510 --> 00:22:13,679

right now but

584

00:22:20,149 --> 00:22:17,520

you know someone someone in the future

585

00:22:20,870 --> 00:22:20,159

could make that argument if it turns out

586

00:22:24,070 --> 00:22:20,880

that way

587

00:22:27,029 --> 00:22:24,080

and you'd have to say you know that's it

588

00:22:28,630 --> 00:22:27,039

you know i was watching a a really weird

589

00:22:31,430 --> 00:22:28,640

um

590

00:22:32,390 --> 00:22:31,440

kind of digression but i was watching a

591

00:22:35,430 --> 00:22:32,400

world war ii

592

00:22:38,230 --> 00:22:35,440

uh documentary because my wife loves

593

00:22:39,029 --> 00:22:38,240

everything about holocaust and

594

00:22:40,470 --> 00:22:39,039

interesting and

595

00:22:43,190 --> 00:22:40,480

she's interested in it she went over

596

00:22:46,149 --> 00:22:43,200

there and toured all the

597

00:22:47,510 --> 00:22:46,159

you know all the the death camps and and

598

00:22:50,149 --> 00:22:47,520

she has a very somber

599

00:22:51,110 --> 00:22:50,159

you know concern about a deep concern

600

00:22:53,510 --> 00:22:51,120

it's not like she's a

601  
00:22:55,190 --> 00:22:53,520  
you know just a groupie for it she's

602  
00:22:57,350 --> 00:22:55,200  
there's a deep feeling and a deep

603  
00:22:59,750 --> 00:22:57,360  
sensibility to it but anyways we're

604  
00:23:03,350 --> 00:22:59,760  
watching the documentary

605  
00:23:06,830 --> 00:23:03,360  
and it's about how the british

606  
00:23:10,310 --> 00:23:06,840  
bugged they had this uh

607  
00:23:13,909 --> 00:23:10,320  
like prison encampment this high-end

608  
00:23:17,430 --> 00:23:13,919  
ritz-carlton bridge prison for

609  
00:23:18,070 --> 00:23:17,440  
nazi uh officers very high level

610  
00:23:20,310 --> 00:23:18,080  
officers

611  
00:23:22,310 --> 00:23:20,320  
generals and stuff like that so they

612  
00:23:24,310 --> 00:23:22,320  
brought them on and they kind of

613  
00:23:25,750 --> 00:23:24,320

fattened them up and these guys spilled

614

00:23:27,350 --> 00:23:25,760

the beans they didn't realize it you

615

00:23:29,830 --> 00:23:27,360

know but the whole thing was bugged

616

00:23:31,110 --> 00:23:29,840

it's a brown stoning thing jeffrey

617

00:23:32,950 --> 00:23:31,120

epstein would be proud

618

00:23:34,710 --> 00:23:32,960

so they were constantly bugging these

619

00:23:36,310 --> 00:23:34,720

guys throughout the thing

620

00:23:38,310 --> 00:23:36,320

and they were just kind of made it very

621

00:23:39,669 --> 00:23:38,320

easy for them very lax environment and

622

00:23:41,269 --> 00:23:39,679

they started talking

623

00:23:42,710 --> 00:23:41,279

and they started giving up all this

624

00:23:44,149 --> 00:23:42,720

incredible information

625

00:23:46,470 --> 00:23:44,159

and at this time they started giving up

626

00:23:49,669 --> 00:23:46,480

a bunch of information about

627

00:23:53,190 --> 00:23:49,679

the death camps information that was

628

00:23:55,990 --> 00:23:53,200

unknown you know and they're

629

00:23:57,830 --> 00:23:56,000

and they're admitting these war crimes

630

00:23:58,390 --> 00:23:57,840

so at the end of the film you're like

631

00:24:00,710 --> 00:23:58,400

okay

632

00:24:02,630 --> 00:24:00,720

what happens to these guys right of

633

00:24:04,789 --> 00:24:02,640

course they're put on trial of course

634

00:24:08,070 --> 00:24:04,799

they're in nuremberg right

635

00:24:10,390 --> 00:24:08,080

no none of them were

636

00:24:12,549 --> 00:24:10,400

the british government who was primarily

637

00:24:15,669 --> 00:24:12,559

the one running the operation

638

00:24:18,340 --> 00:24:15,679

decided that it would be

639

00:24:19,510 --> 00:24:18,350

too big of a give up to

640

00:24:22,470 --> 00:24:19,520

[Music]

641

00:24:24,310 --> 00:24:22,480

disclose their practices that they might

642

00:24:26,390 --> 00:24:24,320

want to use this in the future or they

643

00:24:29,029 --> 00:24:26,400

might want to use this information

644

00:24:29,990 --> 00:24:29,039

so therefore they would let it all just

645

00:24:31,830 --> 00:24:30,000

be buried

646

00:24:33,190 --> 00:24:31,840

in the annals of history and it never

647

00:24:34,950 --> 00:24:33,200

would have been discovered if this one

648

00:24:37,830 --> 00:24:34,960

researcher didn't

649

00:24:39,269 --> 00:24:37,840

stumble upon it in some archives which

650

00:24:41,190 --> 00:24:39,279

probably should have never been there if

651  
00:24:42,470 --> 00:24:41,200  
they would have had a better sense that

652  
00:24:46,870 --> 00:24:42,480  
they were there

653  
00:24:48,470 --> 00:24:46,880  
but a long way around the barn

654  
00:24:51,350 --> 00:24:48,480  
who are the good guys and who are the

655  
00:24:53,909 --> 00:24:51,360  
bad guys there

656  
00:24:54,549 --> 00:24:53,919  
yeah that's definitely tricky because i

657  
00:25:02,070 --> 00:24:54,559  
mean

658  
00:25:05,510 --> 00:25:02,080  
how much of the cia today was

659  
00:25:07,750 --> 00:25:05,520  
influenced by the the project paper clip

660  
00:25:09,430 --> 00:25:07,760  
where all of those scientists were kind

661  
00:25:12,549 --> 00:25:09,440  
of divvied up

662  
00:25:14,789 --> 00:25:12,559  
and sent you know to the us or to the

663  
00:25:17,269 --> 00:25:14,799

ussr back then

664

00:25:18,870 --> 00:25:17,279

and then the space race began and then

665

00:25:21,830 --> 00:25:18,880

mk ultra began

666

00:25:22,870 --> 00:25:21,840

and you know all of th that type of

667

00:25:25,430 --> 00:25:22,880

science that

668

00:25:26,630 --> 00:25:25,440

sick twisted manipulative type of

669

00:25:28,950 --> 00:25:26,640

science

670

00:25:30,549 --> 00:25:28,960

you know i learned about that in junior

671

00:25:32,310 --> 00:25:30,559

high when i learned about the holocaust

672

00:25:34,230 --> 00:25:32,320

when they were doing weird experiments

673

00:25:36,390 --> 00:25:34,240

in the concentration camps and you just

674

00:25:39,750 --> 00:25:36,400

had the sense that these

675

00:25:42,470 --> 00:25:39,760

nazi scientists were sick twisted

676  
00:25:44,470 --> 00:25:42,480  
psychopaths well we kind of that that's

677  
00:25:44,870 --> 00:25:44,480  
kind of the foundation of the post-world

678  
00:25:47,990 --> 00:25:44,880  
war

679  
00:25:50,230 --> 00:25:48,000  
ii america in a way with

680  
00:25:51,190 --> 00:25:50,240  
with everything that happened after that

681  
00:25:52,950 --> 00:25:51,200  
so

682  
00:25:55,430 --> 00:25:52,960  
it's i mean a lot of people have pointed

683  
00:25:58,950 --> 00:25:55,440  
this out but sydney gottlieb the guy who

684  
00:26:02,230 --> 00:25:58,960  
runs the mk ultra program

685  
00:26:05,590 --> 00:26:02,240  
is your classic sick twisted

686  
00:26:08,149 --> 00:26:05,600  
scientist and he happens to be jewish

687  
00:26:10,870 --> 00:26:08,159  
not that that matters although it does

688  
00:26:11,350 --> 00:26:10,880

it we can't help but say that it matters

689

00:26:14,470 --> 00:26:11,360

given

690

00:26:14,870 --> 00:26:14,480

the weird historical context that we

691

00:26:17,909 --> 00:26:14,880

went

692

00:26:19,990 --> 00:26:17,919

exactly like you said and picked up

693

00:26:23,190 --> 00:26:20,000

where they left off with all these sick

694

00:26:26,310 --> 00:26:23,200

mk and german mind control

695

00:26:27,510 --> 00:26:26,320

projects and uh there's sydney gottlieb

696

00:26:29,590 --> 00:26:27,520

the only other thing i always point out

697

00:26:32,070 --> 00:26:29,600

is you know in sydney gottlieb i i

698

00:26:32,950 --> 00:26:32,080

i love this because it's like such a

699

00:26:34,870 --> 00:26:32,960

skeptical thing

700

00:26:36,310 --> 00:26:34,880

sydney gottlieb is in charge of the

701  
00:26:38,470 --> 00:26:36,320  
stargate program too

702  
00:26:39,990 --> 00:26:38,480  
you know the remote viewing program

703  
00:26:41,430 --> 00:26:40,000  
which we all want to say oh no that's

704  
00:26:43,909 --> 00:26:41,440  
really cool that's where we're

705  
00:26:45,909 --> 00:26:43,919  
you know fighting for freedom you know

706  
00:26:47,190 --> 00:26:45,919  
no sydney gottlieb comes as yeah let's

707  
00:26:49,590 --> 00:26:47,200  
deal some with lsd

708  
00:26:51,510 --> 00:26:49,600  
and see see what happens and yet you

709  
00:26:52,710 --> 00:26:51,520  
know we get uh russell targan hell put

710  
00:26:54,470 --> 00:26:52,720  
up so yeah and we

711  
00:26:55,990 --> 00:26:54,480  
had to tell sydney that wasn't a good

712  
00:26:57,750 --> 00:26:56,000  
idea and this and that

713  
00:27:00,149 --> 00:26:57,760

yeah but cindy was your [\h\_\_\h] boss

714

00:27:02,390 --> 00:27:00,159

dude sydney was your boss

715

00:27:03,190 --> 00:27:02,400

and he was running all these other sick

716

00:27:06,710 --> 00:27:03,200

freaking

717

00:27:09,830 --> 00:27:06,720

programs and exactly what you said dan

718

00:27:12,070 --> 00:27:09,840

that's who we had become

719

00:27:12,870 --> 00:27:12,080

and there's no evidence that that has

720

00:27:16,789 --> 00:27:12,880

changed

721

00:27:20,149 --> 00:27:16,799

you know i mean that is who we are

722

00:27:22,870 --> 00:27:20,159

yeah and it's i

723

00:27:24,549 --> 00:27:22,880

i remember yeah and now it's it's it

724

00:27:26,470 --> 00:27:24,559

gets me thinking there was some post

725

00:27:28,230 --> 00:27:26,480

from like a cia

726

00:27:29,990 --> 00:27:28,240

woman on twitter and they're kind of

727

00:27:30,789 --> 00:27:30,000

like putting themselves out there and

728

00:27:38,070 --> 00:27:30,799

like

729

00:27:41,110 --> 00:27:38,080

applying all the woke

730

00:27:45,590 --> 00:27:41,120

rhetoric to the freaking cia

731

00:27:47,510 --> 00:27:45,600

and um yeah it's it's

732

00:27:49,510 --> 00:27:47,520

all of those things and i was just kind

733

00:27:52,149 --> 00:27:49,520

of googling

734

00:27:54,389 --> 00:27:52,159

sidney uh godly of who you're talking

735

00:27:56,310 --> 00:27:54,399

about but

736

00:27:57,590 --> 00:27:56,320

again even when i think about the

737

00:28:00,830 --> 00:27:57,600

generations like the

738

00:28:03,909 --> 00:28:00,840

um the hippie movement there's a lot of

739

00:28:04,230 --> 00:28:03,919

cia a lot of cia involvement and all of

740

00:28:07,110 --> 00:28:04,240

that

741

00:28:08,070 --> 00:28:07,120

obviously the lsd thing the timothy

742

00:28:11,110 --> 00:28:08,080

learys

743

00:28:13,830 --> 00:28:11,120

and um so it seems

744

00:28:15,190 --> 00:28:13,840

so much like these big social changes

745

00:28:18,470 --> 00:28:15,200

kind of just

746

00:28:19,269 --> 00:28:18,480

organically uh burst forward and it's

747

00:28:23,110 --> 00:28:19,279

like oh yeah this

748

00:28:24,950 --> 00:28:23,120

it's time for us to evolve or change but

749

00:28:26,789 --> 00:28:24,960

a lot of the times it seems like it's

750

00:28:30,149 --> 00:28:26,799

it's controlled by

751

00:28:30,870 --> 00:28:30,159

these deep state forces and i i really

752

00:28:34,149 --> 00:28:30,880

think

753

00:28:36,389 --> 00:28:34,159

you know the 60s is a huge turning point

754

00:28:37,430 --> 00:28:36,399

then you know the 70s and 80s and 90s

755

00:28:40,149 --> 00:28:37,440

are kind of like

756

00:28:42,230 --> 00:28:40,159

easing into those changes and then boom

757

00:28:45,350 --> 00:28:42,240

911 new changing point

758

00:28:48,310 --> 00:28:45,360

like obama was a big changing point

759

00:28:50,149 --> 00:28:48,320

and now 2020 is going to be absolutely

760

00:28:53,190 --> 00:28:50,159

huge for like the big

761

00:28:54,950 --> 00:28:53,200

technocratic changing point and i don't

762

00:28:57,350 --> 00:28:54,960

even think we've seen

763

00:28:59,430 --> 00:28:57,360

um half of what's going to really roll

764

00:29:02,070 --> 00:28:59,440

out in the next few years with like

765

00:29:02,549 --> 00:29:02,080

all of these uh things that they've got

766

00:29:08,310 --> 00:29:02,559

ready

767

00:29:09,190 --> 00:29:08,320

are our kids and our grandkids going to

768

00:29:11,830 --> 00:29:09,200

be

769

00:29:13,430 --> 00:29:11,840

you know the spirit to god i swear to

770

00:29:14,870 --> 00:29:13,440

god i was driving through la jolla

771

00:29:18,070 --> 00:29:14,880

california the other day

772

00:29:18,389 --> 00:29:18,080

and i saw a building size it's only two

773

00:29:22,470 --> 00:29:18,399

three

774

00:29:25,990 --> 00:29:22,480

a mural of bill gates on it

775

00:29:29,990 --> 00:29:26,000

i'm like hey man

776

00:29:34,950 --> 00:29:30,000

there's a lot worse people in history

777

00:29:38,470 --> 00:29:34,960

that are you know posterized in that way

778

00:29:40,789 --> 00:29:38,480

well okay for bill gates in particular

779

00:29:41,750 --> 00:29:40,799

i mean i didn't know this about him

780

00:29:44,870 --> 00:29:41,760

until

781

00:29:45,590 --> 00:29:44,880

i think this year but his father was one

782

00:29:48,470 --> 00:29:45,600

of the

783

00:29:49,669 --> 00:29:48,480

founders of planned parenthood so what i

784

00:29:50,230 --> 00:29:49,679

mean i want to make sure you get my

785

00:29:52,310 --> 00:29:50,240

point so

786

00:29:53,269 --> 00:29:52,320

let's say all the bad stuff you know is

787

00:29:55,830 --> 00:29:53,279

true

788

00:29:57,990 --> 00:29:55,840

and all the stuff assume for a minute

789

00:30:01,029 --> 00:29:58,000

that all the crazy stuff that we hear

790

00:30:04,310 --> 00:30:01,039

about the vaccine is true

791

00:30:05,830 --> 00:30:04,320

does he still take is he still the guy

792

00:30:08,950 --> 00:30:05,840

who saved the planet

793

00:30:12,389 --> 00:30:08,960

because here's my point just being

794

00:30:14,950 --> 00:30:12,399

real skeptical for a minute you don't

795

00:30:17,909 --> 00:30:14,960

control population on the planet

796

00:30:19,350 --> 00:30:17,919

you're doomed so whatever you think the

797

00:30:23,190 --> 00:30:19,360

population is now

798

00:30:25,430 --> 00:30:23,200

8 billion 9 billion it it

799

00:30:27,029 --> 00:30:25,440

okay you can double it okay i don't

800

00:30:27,669 --> 00:30:27,039

think you can double it but you double

801  
00:30:32,310 --> 00:30:27,679  
it

802  
00:30:35,350 --> 00:30:32,320  
again

803  
00:30:37,510 --> 00:30:35,360  
you get to 32 billion because this

804  
00:30:38,630 --> 00:30:37,520  
can this planet really support that many

805  
00:30:40,789 --> 00:30:38,640  
people

806  
00:30:42,310 --> 00:30:40,799  
you know china was building those ghost

807  
00:30:43,269 --> 00:30:42,320  
cities for the longest time because

808  
00:30:45,110 --> 00:30:43,279  
they're like oh are we going to do with

809  
00:30:47,430 --> 00:30:45,120  
our population we got to pull

810  
00:30:48,470 --> 00:30:47,440  
bill put them someplace say build these

811  
00:30:50,630 --> 00:30:48,480  
huge

812  
00:30:53,029 --> 00:30:50,640  
cities and spend all this money with

813  
00:30:54,950 --> 00:30:53,039

knowing they're just planning the growth

814

00:30:56,070 --> 00:30:54,960

well now they just kind of given up on

815

00:30:58,549 --> 00:30:56,080

that is someone just

816

00:30:59,269 --> 00:30:58,559

is someone at a higher level in the big

817

00:31:02,870 --> 00:30:59,279

big game

818

00:31:05,190 --> 00:31:02,880

saying you know it's just unsustainable

819

00:31:07,350 --> 00:31:05,200

and we got to figure out a way to do it

820

00:31:10,389 --> 00:31:07,360

that is the most humane

821

00:31:13,430 --> 00:31:10,399

but eventually we got to get to

822

00:31:13,750 --> 00:31:13,440

less people don't get me wrong folks i'm

823

00:31:16,310 --> 00:31:13,760

not

824

00:31:17,750 --> 00:31:16,320

advocating that i'm just saying until

825

00:31:21,110 --> 00:31:17,760

you put that out there

826

00:31:23,110 --> 00:31:21,120

until you really uh try and look at it

827

00:31:26,149 --> 00:31:23,120

from that perspective

828

00:31:29,830 --> 00:31:26,159

you don't understand the

829

00:31:31,990 --> 00:31:29,840

kind of logic of that argument because

830

00:31:34,310 --> 00:31:32,000

we're not treating the other part of

831

00:31:37,029 --> 00:31:34,320

that equation logically

832

00:31:38,710 --> 00:31:37,039

we don't have any global plan to control

833

00:31:40,470 --> 00:31:38,720

the population because if we did we

834

00:31:42,630 --> 00:31:40,480

would have done it 50 years ago and we

835

00:31:46,230 --> 00:31:42,640

wouldn't be in the mess that we're in

836

00:31:49,269 --> 00:31:46,240

yeah i mean it gets me thinking that

837

00:31:50,470 --> 00:31:49,279

there's i i agree that the you know the

838

00:31:52,870 --> 00:31:50,480

global population

839

00:31:53,590 --> 00:31:52,880

is a really important issue and if you

840

00:31:56,630 --> 00:31:53,600

have

841

00:31:58,470 --> 00:31:56,640

exponential population growth

842

00:31:59,909 --> 00:31:58,480

you know it kind of reaches a plateau

843

00:32:00,870 --> 00:31:59,919

and then plummets and that's kind of

844

00:32:04,149 --> 00:32:00,880

nature

845

00:32:07,509 --> 00:32:04,159

i think that's like a a natural thing um

846

00:32:09,909 --> 00:32:07,519

but when you have you know

847

00:32:11,110 --> 00:32:09,919

fam i would call it families like the

848

00:32:14,470 --> 00:32:11,120

rockefellers

849

00:32:16,070 --> 00:32:14,480

or you know the the gates family

850

00:32:17,750 --> 00:32:16,080

is actually very similar to the

851

00:32:21,190 --> 00:32:17,760

rockefeller family

852

00:32:23,990 --> 00:32:21,200

in that you know bill gates father

853

00:32:25,909 --> 00:32:24,000

uh was one of the original founders of

854

00:32:28,950 --> 00:32:25,919

planned parenthood which was a

855

00:32:31,909 --> 00:32:28,960

eugenics program it's like

856

00:32:33,350 --> 00:32:31,919

they that's out there that's clear and

857

00:32:36,630 --> 00:32:33,360

they were really trying

858

00:32:39,830 --> 00:32:36,640

to kind of achieve the same type of

859

00:32:41,509 --> 00:32:39,840

family goals as the rockefellers and

860

00:32:43,350 --> 00:32:41,519

with the rockefellers yeah there's the

861

00:32:46,710 --> 00:32:43,360

rockefeller foundations

862

00:32:49,830 --> 00:32:46,720

there's all these philanthropic

863

00:32:50,549 --> 00:32:49,840

uh groups that these people are involved

864

00:32:53,669 --> 00:32:50,559

with and it's

865

00:32:55,350 --> 00:32:53,679

all pr also so if you ask

866

00:32:58,710 --> 00:32:55,360

is bill gates going to be remembered as

867

00:33:01,669 --> 00:32:58,720

a hero in 50 years or 100 years

868

00:33:04,149 --> 00:33:01,679

well he has so much freaking money to

869

00:33:06,950 --> 00:33:04,159

put towards his pr campaign

870

00:33:07,669 --> 00:33:06,960

that probably he will i'm not saying

871

00:33:10,789 --> 00:33:07,679

it's going to be

872

00:33:13,669 --> 00:33:10,799

true but will he be remembered by people

873

00:33:15,430 --> 00:33:13,679

as a hero yeah because he's been putting

874

00:33:18,950 --> 00:33:15,440

god knows how much money towards

875

00:33:22,470 --> 00:33:18,960

that image crafting for his entire

876

00:33:24,549 --> 00:33:22,480

life so it's just

877

00:33:25,509 --> 00:33:24,559

and when you talk about the vaccines or

878

00:33:28,389 --> 00:33:25,519

the the

879

00:33:29,509 --> 00:33:28,399

being an anti-vaxxer anti-climate

880

00:33:32,710 --> 00:33:29,519

changer

881

00:33:34,630 --> 00:33:32,720

like these things are

882

00:33:37,110 --> 00:33:34,640

sort of just things that people spit out

883

00:33:40,310 --> 00:33:37,120

they they have the lines ready

884

00:33:42,310 --> 00:33:40,320

so so and they'll ostracize you like

885

00:33:43,990 --> 00:33:42,320

oh are you an anti-vaxxer then oh are

886

00:33:44,630 --> 00:33:44,000

you again you don't believe in science

887

00:33:48,389 --> 00:33:44,640

and it's all

888

00:33:50,389 --> 00:33:48,399

baseline really thoughtless

889

00:33:52,230 --> 00:33:50,399

reactions to certain things because

890

00:33:53,830 --> 00:33:52,240

those have been crafted by these social

891

00:33:56,870 --> 00:33:53,840

engineering

892

00:33:58,470 --> 00:33:56,880

forces i guess so i and i'm noticing

893

00:34:00,070 --> 00:33:58,480

that more and more this year like how

894

00:34:02,950 --> 00:34:00,080

many people in my life

895

00:34:04,310 --> 00:34:02,960

are just spitting out a reactionary

896

00:34:06,950 --> 00:34:04,320

response

897

00:34:07,909 --> 00:34:06,960

that was clearly crafted and even like

898

00:34:09,990 --> 00:34:07,919

on my show i

899

00:34:12,310 --> 00:34:10,000

one time was criticizing bill gates and

900

00:34:14,550 --> 00:34:12,320

i got some comments like

901  
00:34:15,510 --> 00:34:14,560  
bill and melinda gates have done so much

902  
00:34:18,069 --> 00:34:15,520  
help blah blah blah

903  
00:34:18,950 --> 00:34:18,079  
blah i'm like they bought that response

904  
00:34:21,669 --> 00:34:18,960  
from you

905  
00:34:21,990 --> 00:34:21,679  
and people don't talk about when you

906  
00:34:24,869 --> 00:34:22,000  
know

907  
00:34:26,310 --> 00:34:24,879  
how they're banned from india or how all

908  
00:34:29,109 --> 00:34:26,320  
of these vaccines

909  
00:34:29,990 --> 00:34:29,119  
were just accidentally sterilizing

910  
00:34:33,750 --> 00:34:30,000  
people

911  
00:34:36,790 --> 00:34:33,760  
or how in the bill gates ted talk

912  
00:34:38,950 --> 00:34:36,800  
video where he lists out how to

913  
00:34:40,310 --> 00:34:38,960

you know control the global population

914

00:34:43,030 --> 00:34:40,320

and vaccine

915

00:34:44,069 --> 00:34:43,040

is one of the three bullet points it's

916

00:34:46,230 --> 00:34:44,079

like

917

00:34:47,829 --> 00:34:46,240

it's all out there and i think the

918

00:34:49,829 --> 00:34:47,839

things that motivate these really

919

00:34:51,669 --> 00:34:49,839

powerful families

920

00:34:53,669 --> 00:34:51,679

i think they have sort of like a god

921

00:34:55,430 --> 00:34:53,679

complex and they think they it's their

922

00:34:59,109 --> 00:34:55,440

job to do

923

00:35:00,550 --> 00:34:59,119

to do these big scale things to the

924

00:35:03,349 --> 00:35:00,560

planet when really like

925

00:35:04,230 --> 00:35:03,359

we should sort of let nature do its

926  
00:35:06,550 --> 00:35:04,240  
thing and yeah

927  
00:35:08,790 --> 00:35:06,560  
if our population gets out of control

928  
00:35:10,390 --> 00:35:08,800  
nature might shake us back into a more

929  
00:35:13,190 --> 00:35:10,400  
sustainable level

930  
00:35:13,510 --> 00:35:13,200  
but that doesn't involve mass deception

931  
00:35:16,950 --> 00:35:13,520  
of

932  
00:35:19,750 --> 00:35:16,960  
like sterilizing people or

933  
00:35:21,990 --> 00:35:19,760  
euthanizing people by you know giving

934  
00:35:22,470 --> 00:35:22,000  
them some vaccine or some environmental

935  
00:35:25,109 --> 00:35:22,480  
factor

936  
00:35:27,670 --> 00:35:25,119  
well here's here's i guess where i kind

937  
00:35:31,829 --> 00:35:27,680  
of pull the conversation back to

938  
00:35:33,990 --> 00:35:31,839

you know long game big game only game

939

00:35:35,510 --> 00:35:34,000

so to me the long game is just saying

940

00:35:36,870 --> 00:35:35,520

hey these things have been going on for

941

00:35:38,550 --> 00:35:36,880

a long time

942

00:35:41,030 --> 00:35:38,560

if you want to go back even further like

943

00:35:43,190 --> 00:35:41,040

you were doing go back to christianity

944

00:35:44,870 --> 00:35:43,200

go back to constantine is always my

945

00:35:47,430 --> 00:35:44,880

go-to on that you know because people

946

00:35:49,990 --> 00:35:47,440

get caught up with jesus in the bible

947

00:35:51,109 --> 00:35:50,000

just go right to 400 or 350. whatever it

948

00:35:54,790 --> 00:35:51,119

is constantine

949

00:35:59,109 --> 00:35:54,800

yeah i think it's 3 15. create serfdom

950

00:36:03,190 --> 00:35:59,119

right he gives you this religion

951  
00:36:05,589 --> 00:36:03,200  
which is just an exact copy of the prior

952  
00:36:07,030 --> 00:36:05,599  
roman religion but he dresses it up he

953  
00:36:08,870 --> 00:36:07,040  
calls it christianity

954  
00:36:10,230 --> 00:36:08,880  
and he says okay now here's the good

955  
00:36:12,230 --> 00:36:10,240  
news

956  
00:36:14,390 --> 00:36:12,240  
everything's going to be okay after this

957  
00:36:17,670 --> 00:36:14,400  
life ah here's the bad news

958  
00:36:19,910 --> 00:36:17,680  
i kind of own you right now you can't

959  
00:36:21,190 --> 00:36:19,920  
you will do the job that i say you will

960  
00:36:23,910 --> 00:36:21,200  
have no property

961  
00:36:24,790 --> 00:36:23,920  
you will have nothing you are just a

962  
00:36:30,109 --> 00:36:24,800  
little tool

963  
00:36:33,829 --> 00:36:30,119

for the state 315 350 here 315

964

00:36:37,349 --> 00:36:33,839

1700 years ago total

965

00:36:38,950 --> 00:36:37,359

uh you know game total game so the

966

00:36:41,270 --> 00:36:38,960

social engineering game

967

00:36:43,109 --> 00:36:41,280

and we can go council countless examples

968

00:36:47,589 --> 00:36:43,119

over and over and over again

969

00:36:51,990 --> 00:36:47,599

but that's different than the

970

00:36:55,670 --> 00:36:52,000

big game because the big game is

971

00:36:56,310 --> 00:36:55,680

evil the big game is the occult game the

972

00:36:59,670 --> 00:36:56,320

big game

973

00:37:01,829 --> 00:36:59,680

is the hidden game the satanic game

974

00:37:03,270 --> 00:37:01,839

because they're playing it at a

975

00:37:05,510 --> 00:37:03,280

different level

976

00:37:08,230 --> 00:37:05,520

because you only get so much you can

977

00:37:10,630 --> 00:37:08,240

only have so much money so much power

978

00:37:12,230 --> 00:37:10,640

you know it's like the one of my

979

00:37:13,990 --> 00:37:12,240

favorite quotes you know what do men of

980

00:37:17,030 --> 00:37:14,000

power want

981

00:37:18,870 --> 00:37:17,040

more power if that's how you've built if

982

00:37:20,069 --> 00:37:18,880

that's how you've constructed your

983

00:37:21,589 --> 00:37:20,079

consciousness

984

00:37:23,750 --> 00:37:21,599

then that's what you want and you'll go

985

00:37:26,470 --> 00:37:23,760

anywhere to get it so why wouldn't you

986

00:37:27,430 --> 00:37:26,480

extend into that other realm if it

987

00:37:30,630 --> 00:37:27,440

promised you

988

00:37:34,390 --> 00:37:30,640

whatever power live forever uh

989

00:37:36,710 --> 00:37:34,400

connection with entities that can do

990

00:37:37,750 --> 00:37:36,720

all this kind of stuff that's where

991

00:37:40,630 --> 00:37:37,760

you'd go

992

00:37:42,069 --> 00:37:40,640

and so let's talk about the big game and

993

00:37:43,349 --> 00:37:42,079

then just so people know where i'm

994

00:37:46,710 --> 00:37:43,359

coming from

995

00:37:50,470 --> 00:37:46,720

ultimately to me the only game

996

00:37:51,510 --> 00:37:50,480

the only game is a totally different

997

00:38:01,829 --> 00:37:51,520

game

998

00:38:02,870 --> 00:38:01,839

i don't cut off my thumb to spite my

999

00:38:05,430 --> 00:38:02,880

fingers

1000

00:38:06,870 --> 00:38:05,440

i don't battle people i don't try and

1001  
00:38:09,750 --> 00:38:06,880  
beat people

1002  
00:38:11,910 --> 00:38:09,760  
i just realize that we're all headed

1003  
00:38:13,829 --> 00:38:11,920  
towards the same

1004  
00:38:15,990 --> 00:38:13,839  
thing you know we're all doing the same

1005  
00:38:19,109 --> 00:38:16,000  
thing there's only the lightness

1006  
00:38:21,990 --> 00:38:19,119  
the darkness is just there to

1007  
00:38:23,750 --> 00:38:22,000  
to provide a relief to provide a

1008  
00:38:27,030 --> 00:38:23,760  
contrast for the game

1009  
00:38:30,150 --> 00:38:27,040  
so there i've kind of laid out my whole

1010  
00:38:31,190 --> 00:38:30,160  
thing let's see what you think well yeah

1011  
00:38:34,630 --> 00:38:31,200  
the uh

1012  
00:38:38,310 --> 00:38:34,640  
it gets me thinking a lot about you know

1013  
00:38:38,870 --> 00:38:38,320

what this world is and on your show you

1014

00:38:41,910 --> 00:38:38,880

talk about

1015

00:38:45,750 --> 00:38:41,920

ndes and stuff with evil being present

1016

00:38:47,589 --> 00:38:45,760

here down here in this world um

1017

00:38:49,829 --> 00:38:47,599

and then just with the knowledge that

1018

00:38:53,589 --> 00:38:49,839

yeah love and forgiveness

1019

00:38:56,950 --> 00:38:53,599

and peace and you know spiritual bliss

1020

00:39:00,230 --> 00:38:56,960

is the real game but

1021

00:39:03,990 --> 00:39:00,240

yeah i think evil is

1022

00:39:06,150 --> 00:39:04,000

allowed to be present here

1023

00:39:09,109 --> 00:39:06,160

where we are in this in this realm and

1024

00:39:10,950 --> 00:39:09,119

in the extended consciousness

1025

00:39:12,870 --> 00:39:10,960

aspect of life on earth there are

1026  
00:39:17,510 --> 00:39:12,880  
definitely entities

1027  
00:39:20,550 --> 00:39:17,520  
and evil forces and chaotic forces but

1028  
00:39:23,829 --> 00:39:20,560  
if you think of it like i agree that

1029  
00:39:28,790 --> 00:39:23,839  
at our core us humans with

1030  
00:39:30,550 --> 00:39:28,800  
our us and sold humans you know

1031  
00:39:31,910 --> 00:39:30,560  
that stuff really at the end of the day

1032  
00:39:34,710 --> 00:39:31,920  
can't take away

1033  
00:39:35,670 --> 00:39:34,720  
what we have on the inside that can't

1034  
00:39:37,910 --> 00:39:35,680  
really

1035  
00:39:39,589 --> 00:39:37,920  
destroy our souls or our goodness our

1036  
00:39:42,950 --> 00:39:39,599  
connection to

1037  
00:39:43,270 --> 00:39:42,960  
the divine but i i sort of think that

1038  
00:39:46,390 --> 00:39:43,280

like

1039

00:39:49,270 --> 00:39:46,400

this this world is a big game and

1040

00:39:50,550 --> 00:39:49,280

the the evil forces are here they're

1041

00:39:54,230 --> 00:39:50,560

allowed to be here

1042

00:39:56,390 --> 00:39:54,240

because they do lead to

1043

00:39:57,510 --> 00:39:56,400

evolution and growth and experience and

1044

00:40:00,870 --> 00:39:57,520

all of that

1045

00:40:02,950 --> 00:40:00,880

and i don't and even when they in the

1046

00:40:03,670 --> 00:40:02,960

christian terminology they just talk

1047

00:40:06,230 --> 00:40:03,680

about

1048

00:40:07,430 --> 00:40:06,240

satan as like the prince of this world

1049

00:40:10,630 --> 00:40:07,440

because like this world

1050

00:40:13,190 --> 00:40:10,640

needs those evil forces for us

1051  
00:40:14,470 --> 00:40:13,200  
souls to come here and do do what we've

1052  
00:40:18,470 --> 00:40:14,480  
got to do

1053  
00:40:19,190 --> 00:40:18,480  
and i i think um having no discernment

1054  
00:40:22,630 --> 00:40:19,200  
or having

1055  
00:40:25,750 --> 00:40:22,640  
the idea that evil doesn't exist

1056  
00:40:29,430 --> 00:40:25,760  
can just um make your time here

1057  
00:40:30,390 --> 00:40:29,440  
even more miserable or add consequences

1058  
00:40:32,390 --> 00:40:30,400  
to

1059  
00:40:35,109 --> 00:40:32,400  
you know what you bring with you after

1060  
00:40:38,150 --> 00:40:35,119  
death but um

1061  
00:40:41,349 --> 00:40:38,160  
i i i i like

1062  
00:40:43,190 --> 00:40:41,359  
your focus on acknowledging evil and

1063  
00:40:46,790 --> 00:40:43,200

talking about evil

1064

00:40:50,230 --> 00:40:46,800

and not denying evil but i think

1065

00:40:53,589 --> 00:40:50,240

from a spiritual perspective you know

1066

00:40:54,470 --> 00:40:53,599

it's uh it's way less powerful than like

1067

00:41:01,750 --> 00:40:54,480

the

1068

00:41:03,750 --> 00:41:01,760

are really made of i guess i don't know

1069

00:41:05,829 --> 00:41:03,760

you know i i agree and the problem with

1070

00:41:08,550 --> 00:41:05,839

that is it

1071

00:41:10,390 --> 00:41:08,560

it doesn't have the power for people i

1072

00:41:11,109 --> 00:41:10,400

think they immediately want to turn away

1073

00:41:12,470 --> 00:41:11,119

because it doesn't

1074

00:41:14,470 --> 00:41:12,480

it doesn't give the juice it doesn't

1075

00:41:17,510 --> 00:41:14,480

give the jolt it doesn't give the

1076  
00:41:17,990 --> 00:41:17,520  
satanic ritual abuse jolt yeah i'm with

1077  
00:41:22,710 --> 00:41:18,000  
you

1078  
00:41:27,589 --> 00:41:22,720  
about love and

1079  
00:41:31,510 --> 00:41:27,599  
um the way things work in this world

1080  
00:41:33,270 --> 00:41:31,520  
i mean lately uh like i i think

1081  
00:41:34,790 --> 00:41:33,280  
not only do you need to like embrace

1082  
00:41:38,870 --> 00:41:34,800  
love and forgiveness

1083  
00:41:42,230 --> 00:41:38,880  
but you just need to be aware of

1084  
00:41:45,190 --> 00:41:42,240  
little negative thoughts and little

1085  
00:41:46,309 --> 00:41:45,200  
resentful thoughts and everything and

1086  
00:41:48,630 --> 00:41:46,319  
just stop yourself

1087  
00:41:50,630 --> 00:41:48,640  
and just change the way you're thinking

1088  
00:41:52,950 --> 00:41:50,640

change your vibration

1089

00:41:55,349 --> 00:41:52,960

and then more like it's kind of like

1090

00:41:59,349 --> 00:41:55,359

that law of attraction thing like

1091

00:42:02,550 --> 00:41:59,359

you reap what you sow you attract

1092

00:42:03,990 --> 00:42:02,560

your your vibration matches um what's

1093

00:42:05,190 --> 00:42:04,000

coming towards you so if you're sitting

1094

00:42:07,430 --> 00:42:05,200

around

1095

00:42:09,589 --> 00:42:07,440

hateful and this is some this is a

1096

00:42:11,829 --> 00:42:09,599

problem with me i have a problem

1097

00:42:12,870 --> 00:42:11,839

of not forgiving people or not trusting

1098

00:42:17,510 --> 00:42:12,880

people

1099

00:42:18,710 --> 00:42:17,520

who's losing at the end of the day for

1100

00:42:22,630 --> 00:42:18,720

being like that

1101

00:42:24,069 --> 00:42:22,640

nobody but me so um when you talk about

1102

00:42:25,829 --> 00:42:24,079

you know the only thing that's going to

1103

00:42:28,470 --> 00:42:25,839

take us out of this hell

1104

00:42:29,670 --> 00:42:28,480

is the force of love and compassion and

1105

00:42:33,349 --> 00:42:29,680

forgiveness

1106

00:42:33,990 --> 00:42:33,359

yeah because it has a it has a domino

1107

00:42:38,069 --> 00:42:34,000

effect

1108

00:42:39,829 --> 00:42:38,079

and it's it's more

1109

00:42:41,589 --> 00:42:39,839

it's like you know when you shine a

1110

00:42:44,309 --> 00:42:41,599

light into a dark room it

1111

00:42:45,190 --> 00:42:44,319

lights up the whole room without that

1112

00:42:47,030 --> 00:42:45,200

one

1113

00:42:48,309 --> 00:42:47,040

source of light it's still pitch black

1114

00:42:51,750 --> 00:42:48,319

and

1115

00:42:55,589 --> 00:42:51,760

i think it's easier than we think to

1116

00:42:57,829 --> 00:42:55,599

to try to do better and to try to

1117

00:42:58,950 --> 00:42:57,839

get rid of these evil forces that are

1118

00:43:02,790 --> 00:42:58,960

everywhere

1119

00:43:04,150 --> 00:43:02,800

but i i see it as a very individualistic

1120

00:43:05,990 --> 00:43:04,160

journey because if you don't look at

1121

00:43:08,790 --> 00:43:06,000

yourself and

1122

00:43:10,390 --> 00:43:08,800

sort of think who am i who am i hating

1123

00:43:11,510 --> 00:43:10,400

right now who am i holding a grudge

1124

00:43:15,190 --> 00:43:11,520

against who am i

1125

00:43:16,870 --> 00:43:15,200

resentful towards um if you don't stop

1126

00:43:18,710 --> 00:43:16,880

and observe that then it's going to be

1127

00:43:23,109 --> 00:43:18,720

going on in the background

1128

00:43:25,829 --> 00:43:23,119

non-stop and it's it's it's a weird time

1129

00:43:26,710 --> 00:43:25,839

for kind of preaching these like

1130

00:43:30,150 --> 00:43:26,720

spiritual

1131

00:43:31,910 --> 00:43:30,160

love messages because so so many things

1132

00:43:34,630 --> 00:43:31,920

are topsy-turvy but i

1133

00:43:37,190 --> 00:43:34,640

i sort of think it's extremely

1134

00:43:39,190 --> 00:43:37,200

individualistic and you have to

1135

00:43:40,710 --> 00:43:39,200

save yourself you have to be accountable

1136

00:43:44,630 --> 00:43:40,720

for yourself

1137

00:43:48,150 --> 00:43:44,640

and know how powerful that is because

1138

00:43:50,710 --> 00:43:48,160

these evil forces really um

1139

00:43:51,910 --> 00:43:50,720

can't handle it and they'll they'll go

1140

00:43:55,349 --> 00:43:51,920

away the more people

1141

00:43:57,109 --> 00:43:55,359

embrace love

1142

00:43:58,790 --> 00:43:57,119

there's so many really interesting

1143

00:44:00,950 --> 00:43:58,800

little things you said there that i

1144

00:44:03,349 --> 00:44:00,960

think are so profound i mean one

1145

00:44:05,030 --> 00:44:03,359

you have to save yourself i love that

1146

00:44:07,910 --> 00:44:05,040

because i think that's

1147

00:44:08,230 --> 00:44:07,920

so true and i also agree with you that

1148

00:44:12,150 --> 00:44:08,240

it

1149

00:44:13,589 --> 00:44:12,160

is a matter of being mindful of the

1150

00:44:16,790 --> 00:44:13,599

little things

1151

00:44:17,829 --> 00:44:16,800

at the same time i i also i don't know

1152

00:44:19,030 --> 00:44:17,839

if i want to

1153

00:44:21,750 --> 00:44:19,040

i don't want to put words in your mouth

1154

00:44:23,670 --> 00:44:21,760

but i kind of heard you say

1155

00:44:25,349 --> 00:44:23,680

that you know this stuff isn't really

1156

00:44:27,510 --> 00:44:25,359

that hard in a way

1157

00:44:29,670 --> 00:44:27,520

you know it's just really not you know

1158

00:44:32,470 --> 00:44:29,680

it's uh

1159

00:44:33,990 --> 00:44:32,480

like one of my teachers mickey singer

1160

00:44:35,990 --> 00:44:34,000

says it's like you're drowning in six

1161

00:44:38,470 --> 00:44:36,000

inches of water you know

1162

00:44:39,270 --> 00:44:38,480

just lift your head up you know it's

1163

00:44:43,510 --> 00:44:39,280

don't

1164

00:44:44,790 --> 00:44:43,520

a guy i really really love this guy his

1165

00:44:46,550 --> 00:44:44,800

name is tim grimes

1166

00:44:48,309 --> 00:44:46,560

and he wrote a book the joy of not

1167

00:44:51,030 --> 00:44:48,319

thinking

1168

00:44:52,069 --> 00:44:51,040

and i found his book just going through

1169

00:44:55,430 --> 00:44:52,079

kindle

1170

00:44:57,109 --> 00:44:55,440

and it was uh in the it was

1171

00:44:59,030 --> 00:44:57,119

kindle unlimited i'm like wow that

1172

00:45:02,950 --> 00:44:59,040

sounds interesting the guy is

1173

00:45:04,710 --> 00:45:02,960

phenomenal i love this guy and the title

1174

00:45:06,550 --> 00:45:04,720

says it all in terms of what we're

1175

00:45:08,309 --> 00:45:06,560

talking about it's like

1176  
00:45:10,069 --> 00:45:08,319  
you don't have to [h\_\_h] think about

1177  
00:45:13,910 --> 00:45:10,079  
everything

1178  
00:45:16,790 --> 00:45:13,920  
[h\_\_h] seriously

1179  
00:45:18,870 --> 00:45:16,800  
you're not at the center of the universe

1180  
00:45:20,550 --> 00:45:18,880  
you're down at the scenery world

1181  
00:45:21,910 --> 00:45:20,560  
you're not even at the center of your

1182  
00:45:25,589 --> 00:45:21,920  
[h\_\_h] county

1183  
00:45:29,109 --> 00:45:25,599  
you know it's not that what whatever

1184  
00:45:31,910 --> 00:45:29,119  
is going to happen you have you know

1185  
00:45:32,470 --> 00:45:31,920  
you you don't worry so freaking much

1186  
00:45:35,510 --> 00:45:32,480  
about it

1187  
00:45:39,030 --> 00:45:35,520  
and the other thing is just

1188  
00:45:39,829 --> 00:45:39,040

be be playful have fun with yourself

1189

00:45:42,870 --> 00:45:39,839

with life

1190

00:45:45,109 --> 00:45:42,880

you know the joy of not thinking

1191

00:45:46,550 --> 00:45:45,119

how freeing it is to give this we don't

1192

00:45:48,870 --> 00:45:46,560

have to solve

1193

00:45:51,030 --> 00:45:48,880

all these problems these are other

1194

00:45:53,910 --> 00:45:51,040

people's problems for the most part that

1195

00:45:58,390 --> 00:45:53,920

we're taking on

1196

00:46:01,109 --> 00:45:58,400

yeah it's uh it's

1197

00:46:03,030 --> 00:46:01,119

just lately especially for me like it's

1198

00:46:05,109 --> 00:46:03,040

it's definitely and you have a yoga

1199

00:46:06,950 --> 00:46:05,119

background

1200

00:46:08,230 --> 00:46:06,960

i just think you know when you when if

1201  
00:46:10,550 --> 00:46:08,240  
you put the

1202  
00:46:11,910 --> 00:46:10,560  
the moralistic like christian

1203  
00:46:14,710 --> 00:46:11,920  
perspective of like you know

1204  
00:46:15,990 --> 00:46:14,720  
love love thy neighbor as thyself or

1205  
00:46:19,030 --> 00:46:16,000  
whatever

1206  
00:46:20,630 --> 00:46:19,040  
um and all the really basic tenets of

1207  
00:46:21,990 --> 00:46:20,640  
christianity which are pretty

1208  
00:46:24,390 --> 00:46:22,000  
straightforward and

1209  
00:46:25,829 --> 00:46:24,400  
true in my opinion debate like i'm not

1210  
00:46:28,630 --> 00:46:25,839  
talking about the dogma or the

1211  
00:46:29,510 --> 00:46:28,640  
institutions or anything but the basics

1212  
00:46:32,950 --> 00:46:29,520  
of

1213  
00:46:33,589 --> 00:46:32,960

christianity are true but i notice like

1214

00:46:36,630 --> 00:46:33,599

when i'm

1215

00:46:40,309 --> 00:46:36,640

if if i don't embrace some kind of

1216

00:46:40,790 --> 00:46:40,319

let's say eastern practice i can't do

1217

00:46:43,510 --> 00:46:40,800

that

1218

00:46:44,550 --> 00:46:43,520

very effectively because if you're not

1219

00:46:47,750 --> 00:46:44,560

mindful

1220

00:46:50,069 --> 00:46:47,760

if you're not centered and

1221

00:46:50,870 --> 00:46:50,079

introspective how are you you're not

1222

00:46:53,910 --> 00:46:50,880

going to be aware

1223

00:46:57,510 --> 00:46:53,920

of when you're just pissed off

1224

00:46:59,829 --> 00:46:57,520

and resentful and um

1225

00:47:01,030 --> 00:46:59,839

spewing out negative things all the time

1226

00:47:02,550 --> 00:47:01,040

do you really believe that

1227

00:47:03,990 --> 00:47:02,560

see i don't think you believe that

1228

00:47:05,750 --> 00:47:04,000

because i think what you said before

1229

00:47:07,990 --> 00:47:05,760

contradicts that

1230

00:47:09,430 --> 00:47:08,000

which is that it's it's pretty easy you

1231

00:47:10,790 --> 00:47:09,440

just gotta catch yourself it's easy when

1232

00:47:12,390 --> 00:47:10,800

you're when you're spiraling

1233

00:47:14,069 --> 00:47:12,400

down that path we all see it in

1234

00:47:15,510 --> 00:47:14,079

ourselves we just like

1235

00:47:16,950 --> 00:47:15,520

we're just stuck in that groove and

1236

00:47:18,950 --> 00:47:16,960

we're like [h\_\_h] this just feels more

1237

00:47:21,349 --> 00:47:18,960

comfortable right now to spew this [h\_\_h]

1238

00:47:22,390 --> 00:47:21,359

or we've been told that hey it's a good

1239

00:47:24,950 --> 00:47:22,400

idea to

1240

00:47:25,750 --> 00:47:24,960

get it off your chest or to process and

1241

00:47:28,630 --> 00:47:25,760

stuff like that

1242

00:47:29,829 --> 00:47:28,640

i go back to a rewind on you dan what

1243

00:47:32,069 --> 00:47:29,839

you said before

1244

00:47:32,950 --> 00:47:32,079

which is just no you don't have to you

1245

00:47:35,910 --> 00:47:32,960

you find yourself

1246

00:47:36,710 --> 00:47:35,920

thinking those thoughts you go no think

1247

00:47:38,790 --> 00:47:36,720

uh

1248

00:47:40,390 --> 00:47:38,800

either stop thinking like my buddy tim

1249

00:47:42,230 --> 00:47:40,400

says or just

1250

00:47:43,430 --> 00:47:42,240

understand that there's a completely

1251  
00:47:45,829 --> 00:47:43,440  
other perspective

1252  
00:47:48,549 --> 00:47:45,839  
on you know whatever hate you're having

1253  
00:47:51,349 --> 00:47:48,559  
you know about some other person

1254  
00:47:52,069 --> 00:47:51,359  
right right i'm just saying um i was

1255  
00:47:55,030 --> 00:47:52,079  
just trying to

1256  
00:47:55,589 --> 00:47:55,040  
bridge the gap between you know being

1257  
00:47:58,630 --> 00:47:55,599  
good and

1258  
00:48:01,510 --> 00:47:58,640  
being forgiving and loving and being

1259  
00:48:03,829 --> 00:48:01,520  
self-aware about it and having a

1260  
00:48:06,870 --> 00:48:03,839  
mindfulness practice

1261  
00:48:10,150 --> 00:48:06,880  
definitely gets you out of that

1262  
00:48:11,430 --> 00:48:10,160  
autopilot mode because if you're if

1263  
00:48:13,910 --> 00:48:11,440

you're not stopping

1264

00:48:15,030 --> 00:48:13,920

and observing your thoughts which is

1265

00:48:17,990 --> 00:48:15,040

what you do in

1266

00:48:19,990 --> 00:48:18,000

mindfulness meditation you i don't know

1267

00:48:21,510 --> 00:48:20,000

i mean you might not be aware of of

1268

00:48:23,829 --> 00:48:21,520

what of how you're acting because you're

1269

00:48:27,030 --> 00:48:23,839

just impulsively

1270

00:48:27,910 --> 00:48:27,040

um reacting to everything around you and

1271

00:48:31,030 --> 00:48:27,920

you're not

1272

00:48:33,829 --> 00:48:31,040

thinking oh i have the choice to stop

1273

00:48:36,069 --> 00:48:33,839

thinking about this and just hit mute

1274

00:48:39,109 --> 00:48:36,079

for a second and if you hit mute

1275

00:48:41,589 --> 00:48:39,119

all of a sudden that little uh

1276

00:48:43,109 --> 00:48:41,599

burst can kind of dissolve and you're at

1277

00:48:44,470 --> 00:48:43,119

square one again

1278

00:48:46,549 --> 00:48:44,480

i don't know that's just what i've been

1279

00:48:49,190 --> 00:48:46,559

recently kind of doing

1280

00:48:50,710 --> 00:48:49,200

with the stresses of this year the

1281

00:48:54,710 --> 00:48:50,720

stresses of

1282

00:48:55,750 --> 00:48:54,720

a day job and like just realizing the

1283

00:48:58,230 --> 00:48:55,760

little things

1284

00:48:59,589 --> 00:48:58,240

are really dragging me down just like

1285

00:49:01,510 --> 00:48:59,599

the you know getting

1286

00:49:02,630 --> 00:49:01,520

getting pissed at somebody at work or

1287

00:49:04,630 --> 00:49:02,640

getting pissed at

1288

00:49:06,150 --> 00:49:04,640

someone in your family for a little

1289

00:49:07,109 --> 00:49:06,160

thing and then just letting that grow

1290

00:49:10,230 --> 00:49:07,119

and grow

1291

00:49:11,829 --> 00:49:10,240

i think the mind like being mindful as

1292

00:49:12,549 --> 00:49:11,839

much as possible and knowing that you

1293

00:49:14,390 --> 00:49:12,559

can just hit

1294

00:49:15,670 --> 00:49:14,400

stop like you're saying stop thinking

1295

00:49:19,349 --> 00:49:15,680

for a second hit

1296

00:49:20,549 --> 00:49:19,359

reset i think is serving me lately at

1297

00:49:23,190 --> 00:49:20,559

least

1298

00:49:24,950 --> 00:49:23,200

and that's awesome so we're just

1299

00:49:28,150 --> 00:49:24,960

shooting ideas back and forth

1300

00:49:29,750 --> 00:49:28,160

oh yeah yeah so two things that that i

1301

00:49:31,349 --> 00:49:29,760

these are like subtle little things but

1302

00:49:32,630 --> 00:49:31,359

this is like the most important fun

1303

00:49:34,230 --> 00:49:32,640

stuff to talk about

1304

00:49:35,829 --> 00:49:34,240

i see it kind of differently and it

1305

00:49:37,910 --> 00:49:35,839

doesn't mean that i haven't tried

1306

00:49:39,510 --> 00:49:37,920

exactly what you're talking about but

1307

00:49:42,069 --> 00:49:39,520

where i'm at now

1308

00:49:43,990 --> 00:49:42,079

is one you know like i told you tim

1309

00:49:46,230 --> 00:49:44,000

grimes the joy not thinking is that that

1310

00:49:47,510 --> 00:49:46,240

really is an option and i think we're so

1311

00:49:50,230 --> 00:49:47,520

conditioned to thinking

1312

00:49:50,710 --> 00:49:50,240

that that isn't an option other than in

1313

00:49:53,270 --> 00:49:50,720

some

1314

00:49:54,230 --> 00:49:53,280

super tricky spiritual eastern way of

1315

00:49:56,470 --> 00:49:54,240

not thinking

1316

00:49:58,309 --> 00:49:56,480

of being mindful of being centered and

1317

00:49:59,270 --> 00:49:58,319

tim saying [h\_\_h] that [h\_\_h] just stop

1318

00:50:00,710 --> 00:49:59,280

thinking

1319

00:50:02,710 --> 00:50:00,720

you don't you don't have to think and

1320

00:50:04,870 --> 00:50:02,720

then when you say that that to somebody

1321

00:50:06,630 --> 00:50:04,880

you'll notice that they'll go like well

1322

00:50:09,589 --> 00:50:06,640

i can't do that i mean what would happen

1323

00:50:10,150 --> 00:50:09,599

okay stop thinking for the next 30

1324

00:50:12,230 --> 00:50:10,160

seconds

1325

00:50:13,829 --> 00:50:12,240

how about that would that totally [h\_\_h]

1326  
00:50:14,549 --> 00:50:13,839  
up your life would your life totally

1327  
00:50:16,470 --> 00:50:14,559  
fall apart

1328  
00:50:17,589 --> 00:50:16,480  
if you stopped [\h\_\_\h] thinking for the

1329  
00:50:21,270 --> 00:50:17,599  
next 30 seconds

1330  
00:50:23,270 --> 00:50:21,280  
give it a try stop thinking

1331  
00:50:24,630 --> 00:50:23,280  
stop thinking you have to know stop

1332  
00:50:27,349 --> 00:50:24,640  
thinking enough to solve

1333  
00:50:27,990 --> 00:50:27,359  
stop thinking you have to fix just stop

1334  
00:50:31,190 --> 00:50:28,000  
thinking

1335  
00:50:33,990 --> 00:50:31,200  
be a bum daydream you know

1336  
00:50:36,069 --> 00:50:34,000  
watch your feet as you walk you know do

1337  
00:50:37,750 --> 00:50:36,079  
whatever it doesn't matter it's not like

1338  
00:50:38,950 --> 00:50:37,760

you have to substitute it with something

1339

00:50:41,829 --> 00:50:38,960

great or something

1340

00:50:42,950 --> 00:50:41,839

magnificent or something epic just [\h\_\_\h]

1341

00:50:45,430 --> 00:50:42,960

it be a bum

1342

00:50:47,430 --> 00:50:45,440

for 30 seconds and stop thinking and

1343

00:50:49,750 --> 00:50:47,440

taking it seriously

1344

00:50:51,030 --> 00:50:49,760

and the other guy point to is my [\h\_\_\h]

1345

00:50:53,430 --> 00:50:51,040

man wim hof

1346

00:50:54,470 --> 00:50:53,440

who says the same thing [\h\_\_\h] it i go in

1347

00:50:56,470 --> 00:50:54,480

the

1348

00:50:58,150 --> 00:50:56,480

i think i told you i mean i built it i i

1349

00:51:02,630 --> 00:50:58,160

believe in whim so much i built a

1350

00:51:04,549 --> 00:51:02,640

[\h\_\_\h] ice bath in my backyard and it's

1351  
00:51:05,910 --> 00:51:04,559  
filled with water and ice and it's like

1352  
00:51:09,270 --> 00:51:05,920  
big chunks of ice

1353  
00:51:12,309 --> 00:51:09,280  
you go in the ice you're not

1354  
00:51:14,069 --> 00:51:12,319  
it's magnificent it's brutal

1355  
00:51:16,390 --> 00:51:14,079  
and you don't want to do it but it's

1356  
00:51:19,430 --> 00:51:16,400  
magnificent you are not

1357  
00:51:20,790 --> 00:51:19,440  
thinking about stupid [h\_\_\h] [h\_\_\h] and

1358  
00:51:23,829 --> 00:51:20,800  
what does whims say

1359  
00:51:27,030 --> 00:51:23,839  
he says three things be happy

1360  
00:51:29,270 --> 00:51:27,040  
be strong and be healthy

1361  
00:51:30,069 --> 00:51:29,280  
you know you don't have to you can

1362  
00:51:32,950 --> 00:51:30,079  
choose

1363  
00:51:34,309 --> 00:51:32,960

to be happy all this [h\_\_\h] that's going

1364

00:51:36,150 --> 00:51:34,319

on the vaccines are going to

1365

00:51:38,470 --> 00:51:36,160

they might do all the [h\_\_\h] it i don't

1366

00:51:41,030 --> 00:51:38,480

care i choose to be happy

1367

00:51:42,390 --> 00:51:41,040

and and if you you know work at managing

1368

00:51:44,870 --> 00:51:42,400

the

1369

00:51:47,109 --> 00:51:44,880

biology that you have get good sun get

1370

00:51:48,950 --> 00:51:47,119

good exercise hop in that ice bath

1371

00:51:50,470 --> 00:51:48,960

you're much more likely that the

1372

00:51:51,990 --> 00:51:50,480

chemicals in your brain are working

1373

00:51:52,710 --> 00:51:52,000

better and you just are naturally

1374

00:51:54,549 --> 00:51:52,720

happier

1375

00:51:56,309 --> 00:51:54,559

but again the programming we have is

1376

00:51:56,870 --> 00:51:56,319

that that's not a good idea no you

1377

00:52:02,390 --> 00:51:56,880

couldn't

1378

00:52:05,990 --> 00:52:02,400

possibly be happy

1379

00:52:10,309 --> 00:52:06,000

big game long game big game only game

1380

00:52:13,430 --> 00:52:10,319

only game be happy that's all there is

1381

00:52:14,150 --> 00:52:13,440

i'm totally with you and um it gets me

1382

00:52:17,670 --> 00:52:14,160

thinking too

1383

00:52:20,069 --> 00:52:17,680

because uh i just moved this year and

1384

00:52:20,950 --> 00:52:20,079

yeah i'm pretty damn happy this year

1385

00:52:22,950 --> 00:52:20,960

like i

1386

00:52:24,790 --> 00:52:22,960

am keeping this podcast going i'm

1387

00:52:27,109 --> 00:52:24,800

playing in a band

1388

00:52:28,390 --> 00:52:27,119

i get to snowboard because i live in a

1389

00:52:30,390 --> 00:52:28,400

ski town

1390

00:52:32,069 --> 00:52:30,400

and you know a part of me is sort of

1391

00:52:33,589 --> 00:52:32,079

like man i'm so

1392

00:52:35,670 --> 00:52:33,599

happy like i should be a little bit

1393

00:52:37,030 --> 00:52:35,680

guilty i should feel a little guilty

1394

00:52:39,349 --> 00:52:37,040

right

1395

00:52:40,549 --> 00:52:39,359

but it's just like if you're cultivating

1396

00:52:43,990 --> 00:52:40,559

your own happiness

1397

00:52:46,230 --> 00:52:44,000

in in sort of a self-centered way it

1398

00:52:48,390 --> 00:52:46,240

has effects on the people in your life

1399

00:52:51,430 --> 00:52:48,400

and you're actually doing good work

1400

00:52:53,109 --> 00:52:51,440

by just focusing on yourself

1401  
00:52:55,030 --> 00:52:53,119  
so that you're you are happy and you're

1402  
00:52:56,390 --> 00:52:55,040  
not carrying around resentment and all

1403  
00:52:57,750 --> 00:52:56,400  
of this stuff and

1404  
00:52:59,750 --> 00:52:57,760  
and when you're saying you know with you

1405  
00:53:02,069 --> 00:52:59,760  
when you're talking about wim hof

1406  
00:53:02,870 --> 00:53:02,079  
when you're talking about the the guy

1407  
00:53:05,589 --> 00:53:02,880  
that's saying

1408  
00:53:06,870 --> 00:53:05,599  
stop thinking or don't think i'm i'm

1409  
00:53:08,390 --> 00:53:06,880  
with you a hundred percent

1410  
00:53:10,710 --> 00:53:08,400  
i think it's just important to think

1411  
00:53:13,349 --> 00:53:10,720  
about that as a practice

1412  
00:53:15,750 --> 00:53:13,359  
like you can't just i think if you to

1413  
00:53:18,549 --> 00:53:15,760

actually stop thinking you have to

1414

00:53:19,190 --> 00:53:18,559

work at it rather than just do it on

1415

00:53:21,190 --> 00:53:19,200

command

1416

00:53:22,710 --> 00:53:21,200

okay but just just to be clear tim

1417

00:53:25,910 --> 00:53:22,720

grimes is saying

1418

00:53:28,950 --> 00:53:25,920

the exact opposite of that he's saying

1419

00:53:31,270 --> 00:53:28,960

okay that out of your head i

1420

00:53:33,109 --> 00:53:31,280

i agree with what what he's saying i

1421

00:53:34,630 --> 00:53:33,119

guess i've never read his work or

1422

00:53:37,030 --> 00:53:34,640

anything but

1423

00:53:39,030 --> 00:53:37,040

i like the idea that yeah it's not this

1424

00:53:41,829 --> 00:53:39,040

like complicated practice

1425

00:53:42,309 --> 00:53:41,839

yeah just stop thinking just make it

1426

00:53:45,109 --> 00:53:42,319

easy

1427

00:53:47,589 --> 00:53:45,119

don't overthink it don't think i think

1428

00:53:50,790 --> 00:53:47,599

that's great too but

1429

00:53:52,230 --> 00:53:50,800

in my experience of trying to

1430

00:53:53,910 --> 00:53:52,240

do you think do you think when you

1431

00:53:58,790 --> 00:53:53,920

snowboard

1432

00:54:00,710 --> 00:53:58,800

oh no that's what that's why i do it

1433

00:54:02,870 --> 00:54:00,720

but yeah the like the flow state that

1434

00:54:05,270 --> 00:54:02,880

you get into whether it's

1435

00:54:06,630 --> 00:54:05,280

you know making art or snowboarding or

1436

00:54:09,109 --> 00:54:06,640

any of that that's that's

1437

00:54:11,910 --> 00:54:09,119

amazing but even i'm just saying that

1438

00:54:15,030 --> 00:54:11,920

you have to at least

1439

00:54:16,790 --> 00:54:15,040

put a little bit of work into like say

1440

00:54:18,630 --> 00:54:16,800

if you just want to not think and

1441

00:54:20,870 --> 00:54:18,640

snowboarding is your way of doing that

1442

00:54:23,109 --> 00:54:20,880

well you at least have to like

1443

00:54:23,990 --> 00:54:23,119

figure out how to snowboard as much as

1444

00:54:27,270 --> 00:54:24,000

possible which can

1445

00:54:29,750 --> 00:54:27,280

be i don't know i'm just saying

1446

00:54:31,589 --> 00:54:29,760

it takes a little bit of work to do i

1447

00:54:35,670 --> 00:54:31,599

still consider that a practice

1448

00:54:37,750 --> 00:54:35,680

to to not think and i think practice

1449

00:54:39,270 --> 00:54:37,760

you get better at it with time and i

1450

00:54:42,309 --> 00:54:39,280

don't

1451

00:54:45,030 --> 00:54:42,319

just say

1452

00:54:46,630 --> 00:54:45,040

no don't think now and it'll take no

1453

00:54:50,069 --> 00:54:46,640

work just do it now you'll

1454

00:54:52,710 --> 00:54:50,079

instant success i i'm more of like

1455

00:54:54,789 --> 00:54:52,720

of the opinion that it does take work in

1456

00:54:57,750 --> 00:54:54,799

the long run but it is a great

1457

00:54:59,910 --> 00:54:57,760

um goal and it's a great sentiment for

1458

00:55:02,549 --> 00:54:59,920

sure

1459

00:55:03,270 --> 00:55:02,559

so uh we've been at this for a little

1460

00:55:06,309 --> 00:55:03,280

while

1461

00:55:08,789 --> 00:55:06,319

tell folks what's going on at

1462

00:55:09,829 --> 00:55:08,799

cosmic keys who you got coming up to who

1463

00:55:12,950 --> 00:55:09,839

you're talking to

1464

00:55:16,710 --> 00:55:12,960

where you where you're planning on going

1465

00:55:17,510 --> 00:55:16,720

well um i've got a lot of interviews on

1466

00:55:21,349 --> 00:55:17,520

deck

1467

00:55:24,789 --> 00:55:21,359

at the moment um and i've been

1468

00:55:26,470 --> 00:55:24,799

i'm trying to bring it kind of more back

1469

00:55:28,549 --> 00:55:26,480

i'm really interested in talking about

1470

00:55:30,069 --> 00:55:28,559

astrology um

1471

00:55:31,670 --> 00:55:30,079

we didn't really talk about astrology in

1472

00:55:35,349 --> 00:55:31,680

this interview but it's

1473

00:55:37,270 --> 00:55:35,359

a thing that i am actually

1474

00:55:39,430 --> 00:55:37,280

pretty skeptical of at the end of the

1475

00:55:42,630 --> 00:55:39,440

day but

1476

00:55:45,829 --> 00:55:42,640

i what i like about astrology is

1477

00:55:49,430 --> 00:55:45,839

just the act of of observing

1478

00:55:50,069 --> 00:55:49,440

time it you know if you make predictions

1479

00:55:52,150 --> 00:55:50,079

or if you make

1480

00:55:53,349 --> 00:55:52,160

interpretations that's one thing but if

1481

00:55:56,470 --> 00:55:53,359

you just simply

1482

00:55:58,870 --> 00:55:56,480

observe the movement i think that's

1483

00:56:00,710 --> 00:55:58,880

um the most fulfilling thing about

1484

00:56:02,390 --> 00:56:00,720

astrology so

1485

00:56:03,829 --> 00:56:02,400

i'm going to be talking to people about

1486

00:56:06,950 --> 00:56:03,839

the astrology of

1487

00:56:08,150 --> 00:56:06,960

2021 and kind of what we're we might

1488

00:56:11,430 --> 00:56:08,160

expect there

1489

00:56:14,549 --> 00:56:11,440

and i'm definitely just you know

1490

00:56:16,069 --> 00:56:14,559

trying to keep it going and keep

1491

00:56:19,190 --> 00:56:16,079

talking to people that i find

1492

00:56:22,470 --> 00:56:19,200

interesting i'm discovering a lot of new

1493

00:56:25,670 --> 00:56:22,480

podcasts out there as well and

1494

00:56:26,870 --> 00:56:25,680

um just kind of you know even talking

1495

00:56:28,950 --> 00:56:26,880

with you talking with all the other

1496

00:56:31,990 --> 00:56:28,960

podcasters that i speak with

1497

00:56:35,190 --> 00:56:32,000

i love the networking aspect of it and

1498

00:56:37,510 --> 00:56:35,200

it's it's it's extremely fun to

1499

00:56:39,990 --> 00:56:37,520

you know schedule an hour interview and

1500

00:56:42,549 --> 00:56:40,000

just have a real conversation

1501  
00:56:45,349 --> 00:56:42,559  
once a week versus all the mundane

1502  
00:56:48,870 --> 00:56:45,359  
conversations that we usually have

1503  
00:56:51,430 --> 00:56:48,880  
with people with everyday people so

1504  
00:56:52,150 --> 00:56:51,440  
i'm just you know following my bliss and

1505  
00:56:55,190 --> 00:56:52,160  
bringing

1506  
00:56:57,109 --> 00:56:55,200  
um whatever just i'm open to whatever

1507  
00:57:00,390 --> 00:56:57,119  
comes with the future of the show but

1508  
00:57:03,430 --> 00:57:00,400  
uh yeah and i think i think

1509  
00:57:06,549 --> 00:57:03,440  
i'm gonna be changing the patreon

1510  
00:57:10,069 --> 00:57:06,559  
format so that's gonna be coming up

1511  
00:57:11,750 --> 00:57:10,079  
later on but um

1512  
00:57:13,430 --> 00:57:11,760  
yeah that's about all i can think of

1513  
00:57:15,349 --> 00:57:13,440

with cosmic keys

1514

00:57:17,190 --> 00:57:15,359

well cool i'm a fan i'm going to

1515

00:57:18,950 --> 00:57:17,200

continue to listen

1516

00:57:20,309 --> 00:57:18,960

and uh this has been a great chat kind

1517

00:57:22,549 --> 00:57:20,319

of went a bunch of different

1518

00:57:23,510 --> 00:57:22,559

places we didn't really plan it but

1519

00:57:25,670 --> 00:57:23,520

that's okay

1520

00:57:28,309 --> 00:57:25,680

oh yeah that's perfectly fine i had a

1521

00:57:29,990 --> 00:57:28,319

great time chatting here and um

1522

00:57:31,750 --> 00:57:30,000

i've really been enjoying your show too

1523

00:57:35,829 --> 00:57:31,760

and i've uh i

1524

00:57:39,270 --> 00:57:35,839

i like that you have me a podcaster on

1525

00:57:40,230 --> 00:57:39,280

and i i've like i've actually subscribed

1526  
00:57:43,430 --> 00:57:40,240  
to

1527  
00:57:45,270 --> 00:57:43,440  
a handful of the the podcasters you've

1528  
00:57:47,109 --> 00:57:45,280  
recently had on

1529  
00:57:49,430 --> 00:57:47,119  
and have been really enjoying those

1530  
00:57:51,910 --> 00:57:49,440  
shows too so

1531  
00:57:52,710 --> 00:57:51,920  
maybe uh someone listening will catch my

1532  
00:57:55,589 --> 00:57:52,720  
show and

1533  
00:57:56,870 --> 00:57:55,599  
i just like discovering new voices and

1534  
00:57:59,670 --> 00:57:56,880  
you've been doing that

1535  
00:58:01,109 --> 00:57:59,680  
more recently it seems like yeah and i'm

1536  
00:58:01,990 --> 00:58:01,119  
going to continue to do it because i

1537  
00:58:05,030 --> 00:58:02,000  
can't

1538  
00:58:07,990 --> 00:58:05,040

could not agree with you more about

1539

00:58:09,109 --> 00:58:08,000

just having meaningful conversations you

1540

00:58:11,190 --> 00:58:09,119

know

1541

00:58:12,710 --> 00:58:11,200

on a regular basis and i think

1542

00:58:14,549 --> 00:58:12,720

podcasters

1543

00:58:16,549 --> 00:58:14,559

and like i told you when we first talked

1544

00:58:17,430 --> 00:58:16,559

i mean i i was turned on to what you're

1545

00:58:20,390 --> 00:58:17,440

doing i was like

1546

00:58:22,549 --> 00:58:20,400

wow this is great these are great

1547

00:58:23,829 --> 00:58:22,559

conversations that dan's having i really

1548

00:58:27,109 --> 00:58:23,839

want to

1549

00:58:28,870 --> 00:58:27,119

join in so it's a cool process

1550

00:58:30,309 --> 00:58:28,880

yeah well like i told you i've been

1551

00:58:34,829 --> 00:58:30,319

listening to skeptico

1552

00:58:37,510 --> 00:58:34,839

since probably like 2014 or 15 or

1553

00:58:40,549 --> 00:58:37,520

something and you're totally up there

1554

00:58:41,670 --> 00:58:40,559

with you know i mean my i i just didn't

1555

00:58:44,870 --> 00:58:41,680

like

1556

00:58:47,270 --> 00:58:44,880

doing my show the way i think podcasts

1557

00:58:49,270 --> 00:58:47,280

should sound and your show the

1558

00:58:51,270 --> 00:58:49,280

conversation style you have

1559

00:58:52,390 --> 00:58:51,280

is an influence on me same with a lot of

1560

00:58:56,390 --> 00:58:52,400

other

1561

00:58:58,470 --> 00:58:56,400

we're it's all kind of like a big

1562

00:59:00,789 --> 00:58:58,480

network and we're all kind of just

1563

00:59:01,670 --> 00:59:00,799

helping each other out and bouncing

1564

00:59:03,990 --> 00:59:01,680

ideas and

1565

00:59:06,069 --> 00:59:04,000

inspiring things with each other so it's

1566

00:59:12,630 --> 00:59:06,079

all good

1567

00:59:13,430 --> 00:59:12,640

dan cosmickeys check it out it's great

1568

00:59:18,549 --> 00:59:13,440

having you

1569

00:59:20,309 --> 00:59:18,559

yeah thanks again alex it was really fun

1570

00:59:22,630 --> 00:59:20,319

thanks again to dan for joining me today

1571

00:59:25,109 --> 00:59:22,640

on skepticgo do check out his show

1572

00:59:31,270 --> 00:59:25,119

cosmic keys i promise you won't be

1573

00:59:42,789 --> 00:59:33,430

the one question i t up from this

1574

00:59:42,799 --> 00:59:48,630

do you think we

1575

00:59:51,750 --> 00:59:50,150

what do you think of the long game big

1576

01:00:00,309 --> 00:59:51,760

game only game

1577

01:00:04,870 --> 01:00:00,319

idea that we're kicking around here

1578

01:00:10,150 --> 01:00:07,430

are a lot of our frustrations are a lot

1579

01:00:11,750 --> 01:00:10,160

of our frustrations and worries

1580

01:00:14,789 --> 01:00:11,760

are a lot of our frustrations and

1581

01:00:17,990 --> 01:00:14,799

worries due to the fact that we focus

1582

01:00:18,710 --> 01:00:18,000

too much on the now game and not enough

1583

01:00:22,630 --> 01:00:18,720

on the

1584

01:00:27,030 --> 01:00:25,270

let me know your thoughts love for you

1585

01:00:27,430 --> 01:00:27,040

to join me over on the skeptical forum

1586

01:00:28,710 --> 01:00:27,440

but

1587

01:00:31,670 --> 01:00:28,720

you don't have to do that if you don't

1588

01:00:32,950 --> 01:00:31,680

want to you can just continue to listen

1589

01:00:35,030 --> 01:00:32,960

to the show

1590

01:00:36,950 --> 01:00:35,040

i have some new ones coming up real soon

1591

01:00:40,829 --> 01:00:36,960

stay with me for all of that

1592

01:00:45,829 --> 01:00:40,839

until next time take care and bye for

1593

01:00:49,190 --> 01:00:48,710

show with just an extraordinary with